REGRESSION AND AUTISM

Weill Cornell Medical College

Catherine Lord, Ph.D.
Center for Autism and the Developing Brain
New York Presbyterian Hospital

CONFLICT OF INTEREST

I receive royalties from the publisher of the diagnostic instruments, the ADI-R, ADOS and SCQ.

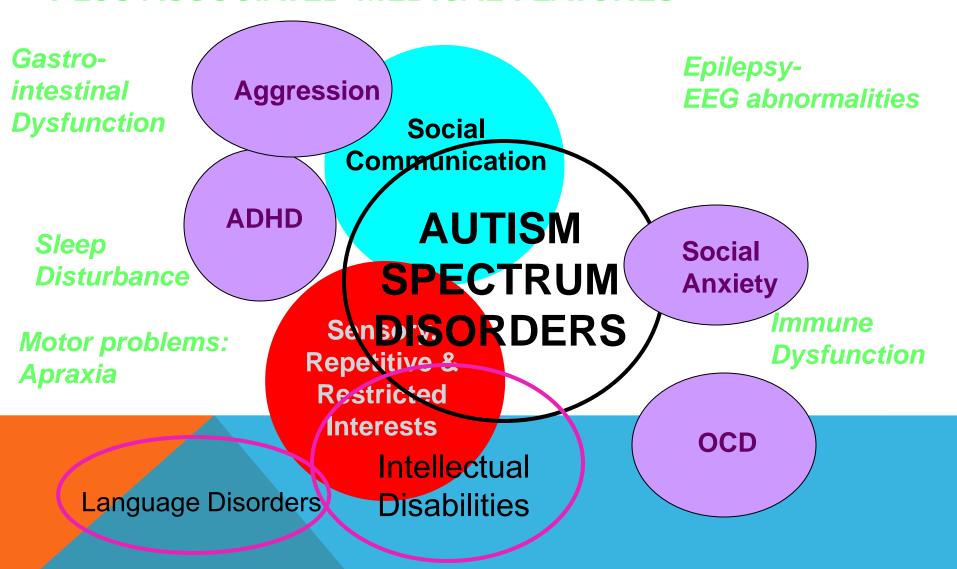
I have had research support from NIMH, NICHD, NINDS, NIDCD, HRSA, Department of Education, Autism Speaks and the Simons Foundation.

OUTLINE FOR TODAY

- A few general issues related to regression in ASD
- One study following 78 children under 15 months followed until age 3 and seen as close as possible to every month until 36 months (Lord et al., 2011)
- Factors affecting how people report ages and events in the past

Reality check that there are marked regressions though they are rare Summary

CORE SYMPTOM DOMAINS PLUS ASSOCIATED MEDICAL FEATURES



- Both positive (abnormal) behaviors, and negative (the absence of normal) behaviors are required to make a diagnosis of ASD.
- This means that developmental level and contextual effects (in what kind of circumstances does the child or adult function?) can both have significant effects on diagnostic judgments.

ASD AS A NEUROBIOLOGICAL DISORDER OF LEARNING AND PROCESSING

A developmental disorder:

Having ASD affects basic aspects of behavior (e.g., eye contact, vocalization) and attention (to certain kinds of stimuli) and maybe motivation

Which in turn affect learning

And opportunities for learning

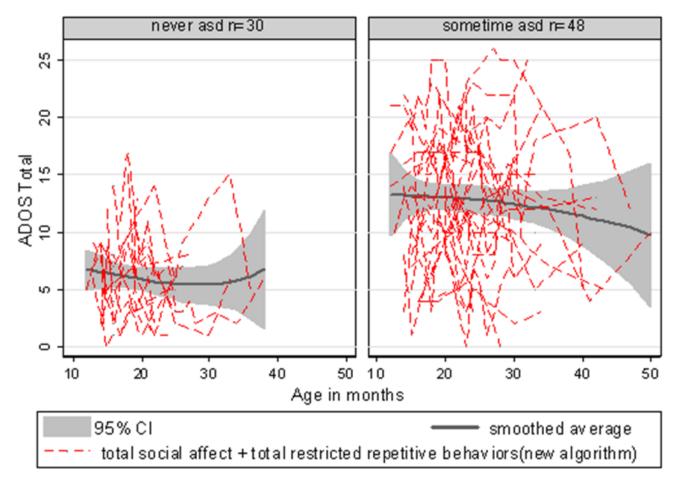
And the families in which this learning occurs



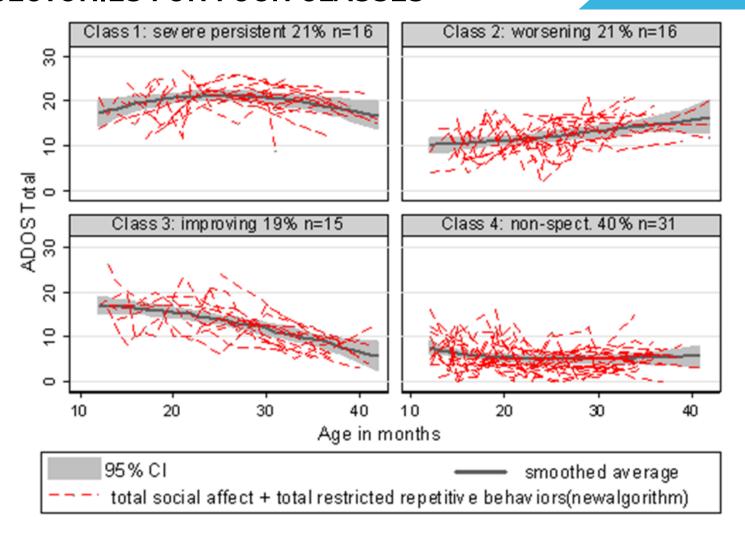
DEMOGRAPHICS (LORD ET AL, 2012)

	Autism (n=32)	PDD-NOS (n=16)
Gender		
Female	18.8%	14.3%
Ethnicity		
Caucasian	75.0%	90.5%
AfricanAmerican	9.5%	9.5%
Test scores		
New ADOS total	18.1 (5.5)	12.6 (4.0)
Nonverbal IQ	79.5 (21.4)	94.2 (26.2)

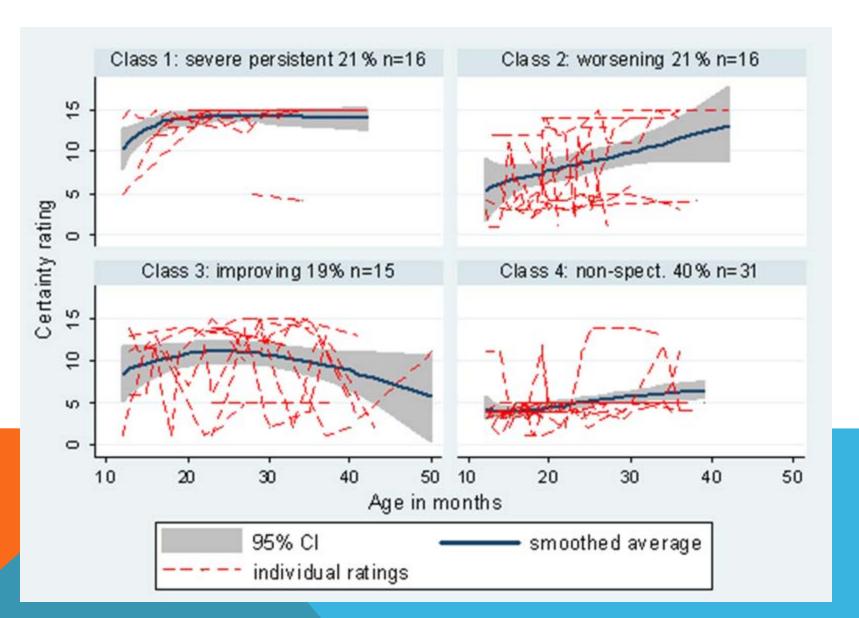
FIGURE 1. ADOS TOTAL ALGORITHM SCORE TRAJECTORIES FOR "EVER ASD" AND "NEVER ASD" CHILDREN



TRAJECTORIES FOR FOUR CLASSES



. Changes in Clinician Ratings of Probability of ASD Diagnosis for the Four Trajectory Classes



OTHER FINDINGS ABOUT THE 4 CLASSES

No differences in gender

No differences in ethnicity

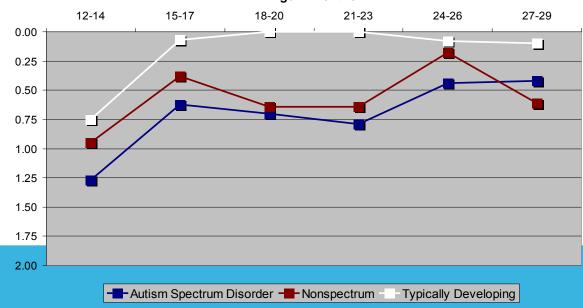
More siblings, proportionately in the "mild" group than other groups (recruitment)

Still quite a lot of change at 30 months

INTERACTIONS OF AGE AND DIAGNOSIS: IMPROVING TRAJECTORIES

 All groups showed improvement over time in Joint Attention and Amount of Requesting.

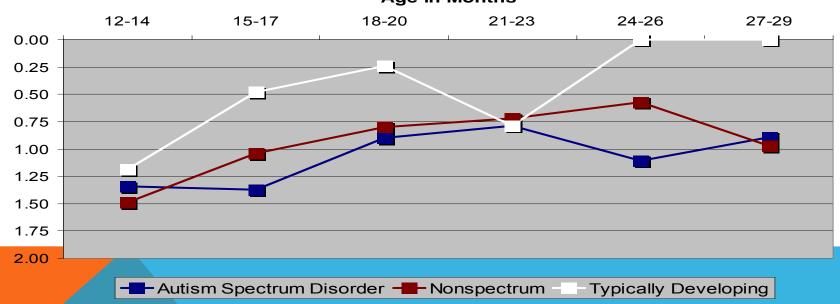
Response to Joint Attention



IMPROVING TRAJECTORIES

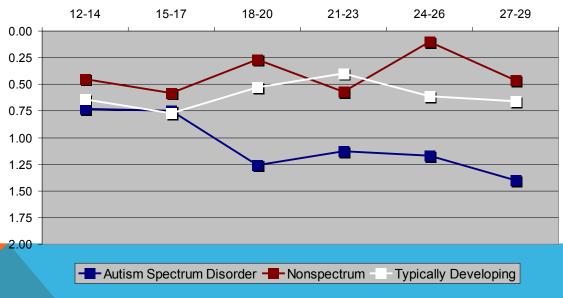
Gestures





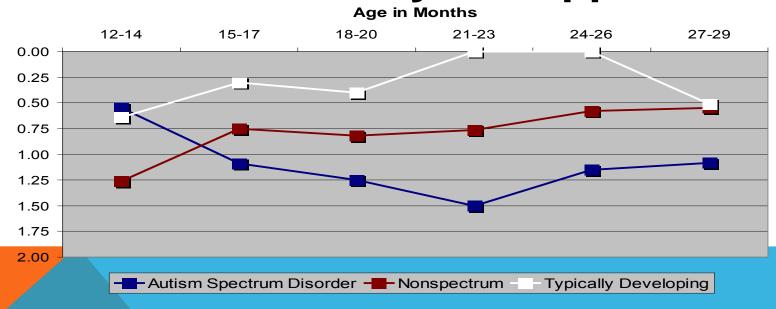
WORSENING TRAJECTORIES





WORSENING TRAJECTORIES

Overall Quality of Rapport

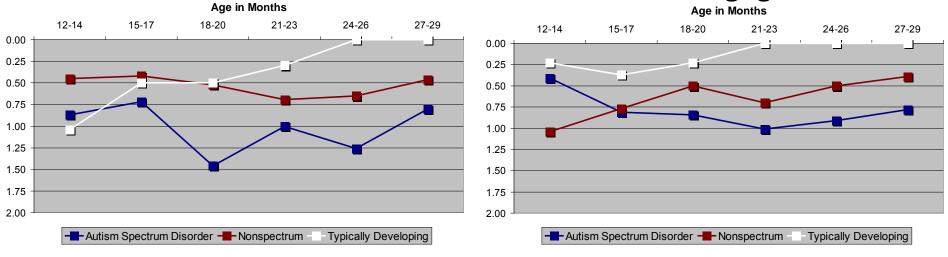


MAIN EFFECTS OF DIAGNOSIS:

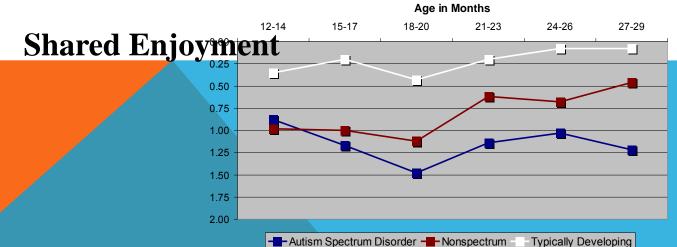
ASD WITH LOSS VS. OTHER DX

Response to Name

Level of Engagement



Amount of Overtures to Examiner and to Parent



REGRESSSIONS AS REMEMBERED BY PARENTS

Strongly linked to ASD diagnoses vs language disorders or intellectual disabiliy

Are more reliable across time and parent when they involve a child who was speaking and stops talking

Ages reported are affected by a number of factorrs that affect other behaviors that families are asked to remember

Telescoping

Rounding

Tagging to significant events

Severity of behaviors reported are also affected by how parents are asked

TELESCOPING OF AGE OF FIRST WORDS

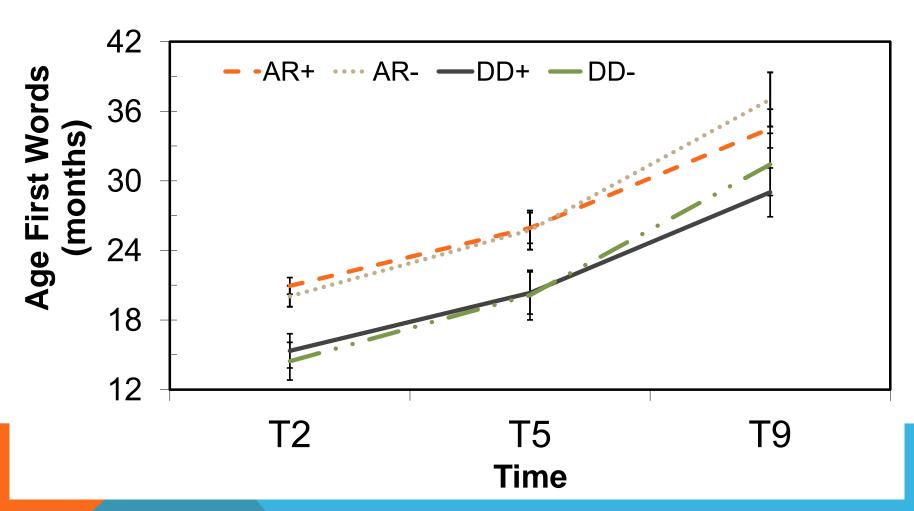


Figure 1. Caregiver-reported age of first words by referral group.

Error bars represent standard errors.

+ = centered Verbal IQ+15; - = centered Verbal IQ-15;

Hus, Taylor & Lord, *JCPP*, 2011

PROPORTION OF FAMILIES WHO REPORTED LANGUAGE DELAY WHEN ASKED AT DIFFERENT AGES

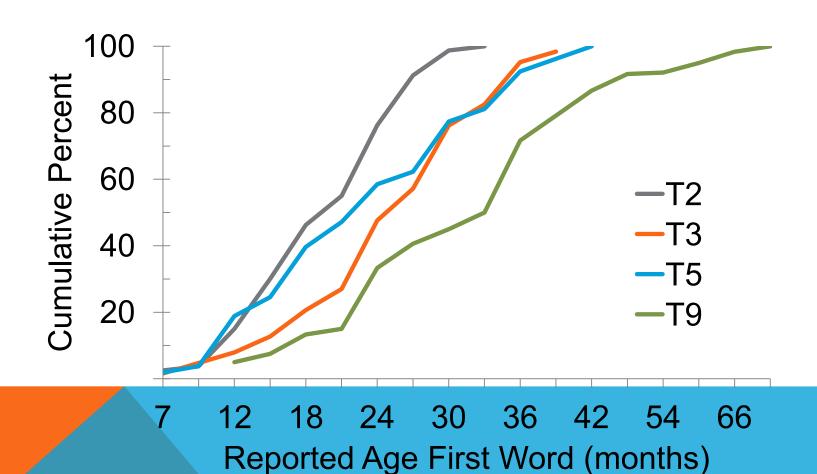
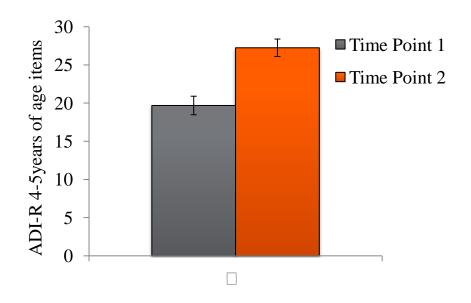
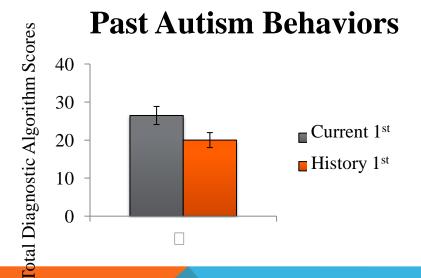


Figure S1. Cumulative percentage of reported age of first words by time point. At T2, 80

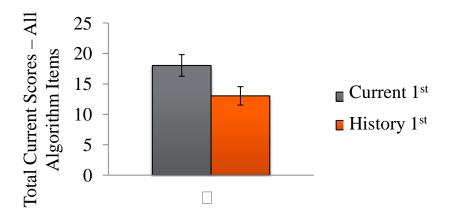
Does how caregivers remember symptoms in the past change over time?



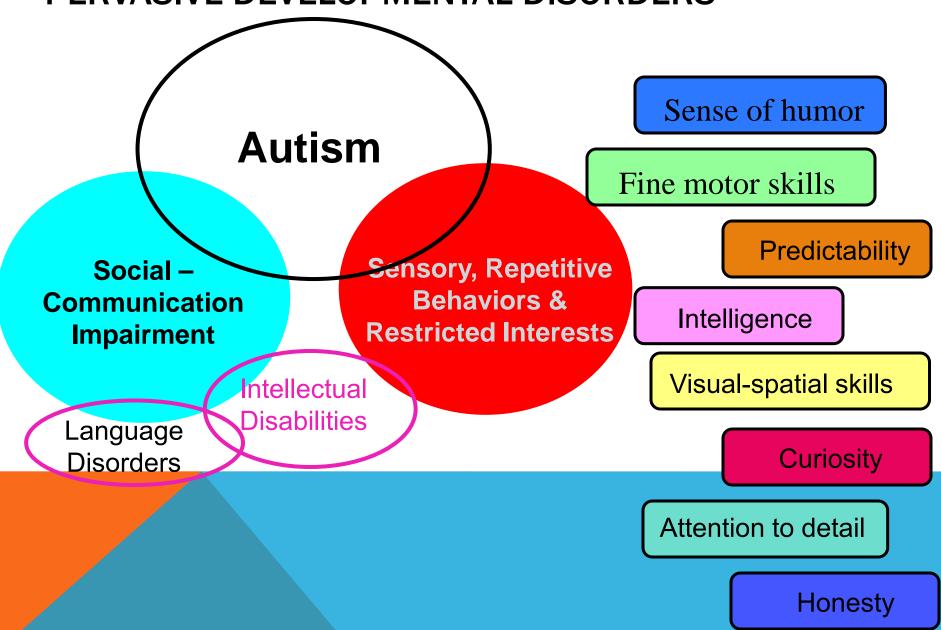
Does when in time caregivers are asked to remember their child's behavior impact how they report symptoms on the ADI-R?



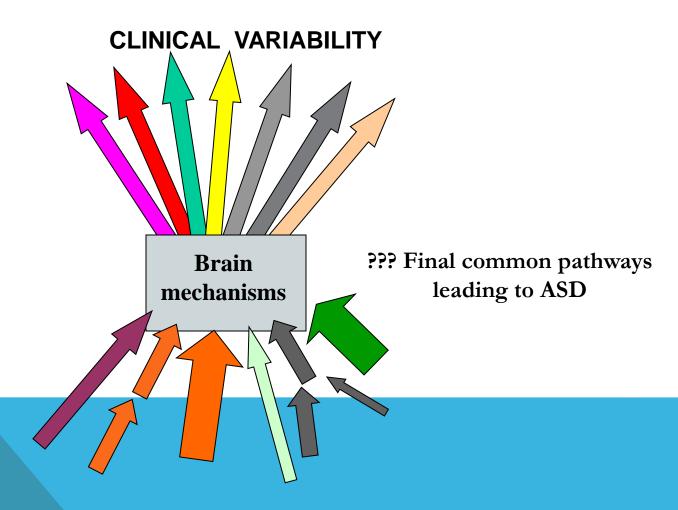
Present Autism Behaviors



PERVASIVE DEVELOPMENTAL DISORDERS



AUTISM SPECTRUM DISORDER (ASD) DIAGNOSTIC SYMPTOMS



ETIOLOGICAL VARIABILITY

SUMMARY

There is a common phenomenon in autism where a child shows decreased social initiation and spontaneity going into the second year of life.

How many skills and how dramatic the loss is varies across children and depends in part on how many skills the child had before the loss.

Also in play is that most children with autism are gaining some at the same time as they may be "losing" others.

There are specific memory factors that affect parents' and involved clinicians' recollections of regression including telescoping and basing the past on exaggerations of the present.

We need more information, particularly prospective studies accompanied by biological measurements as well as remember the effects these trajectories have on families.

Collaborators

- ■Pamela C. DiLavore
- Susan Risi
- **■**Cory Shulman
- Audrey Thurm
- Christina Corsello
- Families and children in the Early Diagnosis project
- TEACCH, University of Chicago and UMACC clinic staffs

- Deborah Anderson
- Marisela Huerta
- **■**Michael Rutter
- **Edwin Cook Jr.**
- Andrew Pickles
- Glenna Fields
- ■Bennett Leventhal
- ■Rebecca Jones
- ■NICHD, NIMH, Autism Speaks