A Bunch of Stuff I Made up about Autism

By Noah Britton
A Bunch of Totally Real Facts about Autism

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(NERDS)
(COOL PEOPLE)
Asperger Syndrome LiveJournal Community

No diagnosis required. It's a vestige of the medical model, which we reject, and we know who we are.
Aspie Characteristics

Hypersensitivity

- To sensory input
- To mere presence of others/social interaction
- To change


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Evaluation Apprehension

The presence of others distracts us, partially due to fear of being judged

Autistics are more sensitive to this than others, so many of us retreat inward to avoid being aware of the possibility of evaluation

We ignore or try not to notice when we're being judged – it's too painful to confront at the time, but we still can't concentrate until we're removed from the situation


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Prevalence of SHANK3 variants in patients with different subtypes of autism spectrum disorders.

The best treatment programs for Asperger's include:

- Predictable structure
  - Fun stuff to do, regularly
- Concrete explanations
  - Not abstract or implied
- Advance warning for changes or surprises

❤️
Socio-Dramatic Affective-Relational Intervention for Adolescents with Asperger Syndrome & High Functioning Autism: Pilot Study

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A randomized controlled trial of a cognitive behavioural intervention for anger management in children diagnosed with Asperger syndrome.

Sofronoff K¹, Attwood T, Hinton S, Levin I.

Abstract
The purpose of the study described was to evaluate the effectiveness of a cognitive behavioural intervention for anger management with children diagnosed with Asperger syndrome. Forty-five children and their parents were randomly assigned to either intervention or wait-list control conditions. Children in the intervention participated in six 2-h weekly sessions while parents participated in a larger parent group. Parent reports indicated a significant decrease in episodes of anger following intervention and a significant increase in their own confidence in managing anger in their child. Qualitative information gathered from parents and teachers indicated some generalization of strategies learned in the clinic setting to both home and school settings. Limitations of the study and suggestions for future research are also discussed.

PMID: 17082978 [PubMed - indexed for MEDLINE]


Long-term outcome of social skills intervention based on interactive LEGO© play

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Sources

McAlonan G.M.; Daly, E.; Kumari, V.; Critchley, H.D.; van Amelsvoort, T; Suckling, J.; Simmons, A.; Sigmundsson, T; Greenwood, K; Russell, A.; Schmitz, N.; Happe, F; Howlin, P; Murphy, D.G. (2002). Brain anatomy and sensorimotor gating in Asperger's syndrome. Brain, 125, pp.1594-1606.