

IACC Strategic Plan Question 5 Outline

December 2016

Chapter Title: What kinds of services and supports are needed to maximize quality of life for people on the autism spectrum?

Aspirational Goal: Communities will develop, access, and implement high-quality, evidence-based services and supports that maximize quality of life and health across the lifespan for all people with ASD and their families.

I. Introduction

- Provide a general description of this question and its rationale

II. For each of the following three sections, describe 1) what is known, 2) the gaps, barriers, and opportunities, 3) research needs, and 4) the policy and services implications.

○ Topic 1: Education & Healthcare System

- Evidence-based services research
- Increasing the portability of services across state lines
- Disparities and access to services
- Need for further efforts to help families navigate the service system
- Efforts to ensure each individual's services are coordinated, recognizing that individuals are in multiple systems
- Educational
 - Need for quality interventions to help keep children with disabilities in an instructional environment to maximize their potential
 - Inclusion/participation
 - Outcomes
 - Distance learning
 - Multiple diagnoses
 - implementation
- Healthcare:
 - Interventions
 - Primary care
 - Health and safety outcomes
 - Quality of services
 - Access for services for co-occurring conditions and severe autism
 - Multiple diagnoses
 - Coverage
 - Changes in ACA implementation, Medicaid
 - EPSDT as it relates to children receiving needed services (adult housing will be addressed in Q6)
 - Medical homes

- Billing rates and reimbursement preventing implementation of evidence based practices (this also may apply in other topic areas)
 - Economics Research: more research is needed on economic outcomes and costs, need better data and better access to data to enable research
 - Ensuring broad access through innovative strategies (e.g. telehealth)
- III. Topic 2: Lifelong Supports**
 - Appropriate services for those with co-occurring conditions
 - Ensuring individualization and choice
 - Need for communication supports, among other types of lifelong supports
 - Caregiver supports
 - Outcomes and quality of services
 - Person-centered planning and self-direction
 - Housing, supports and other services across a continuum of severity and need
- IV. Topic 3: Workforce**
 - Need for larger workforce to meet service needs
 - Need more providers/practitioners
- V. Topic 4 Coordination of Services**
 - Policy barriers to coordinating providers
 - Policy barriers to personalized services

Note: The issues of screening and diagnostic services, development of specific interventions such as alternative and augmentative communication technologies, transition services, employment, housing, and community integration will be covered in other Questions

VI. Summary/Progress towards Aspirational Goal

New Objectives:

- **Objective 1: Fully scale up evidence-based interventions in community settings**
 - i. Provide 3-5 examples of types of research and services that will be categorized to this objective:
- **Objective 2: Reduce disparities in access to and outcomes for underserved populations**
 - i. Provide 3-5 examples of types of research and services that will be categorized to this objective:
- **Objective 3: Improve service models so that there is consistency of care across domains and service systems with goal of maximizing quality of life and improving value**
 - i. Provide 3-5 examples of types of research and services that will be categorized to this objective: