

Aligning National Efforts to Prevent Suicide

Colleen Carr, Deputy Director, National Action
Alliance for Suicide Prevention

24 October 2017



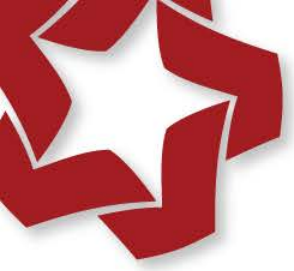
Support for the Secretariat of the National Action Alliance for Suicide Prevention is provided by The Suicide Prevention Resource Center at EDC through a grant from the U.S. Department of Health and Human Services (HHS), Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), under Grant No. 5U79SM062297.

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Overview:

- The nation's public-private partnership for suicide prevention
- National suicide prevention resources



The National Action Alliance for Suicide Prevention



**The Nation's Public-Private Partnership for Suicide
Prevention**



Action Alliance Overview

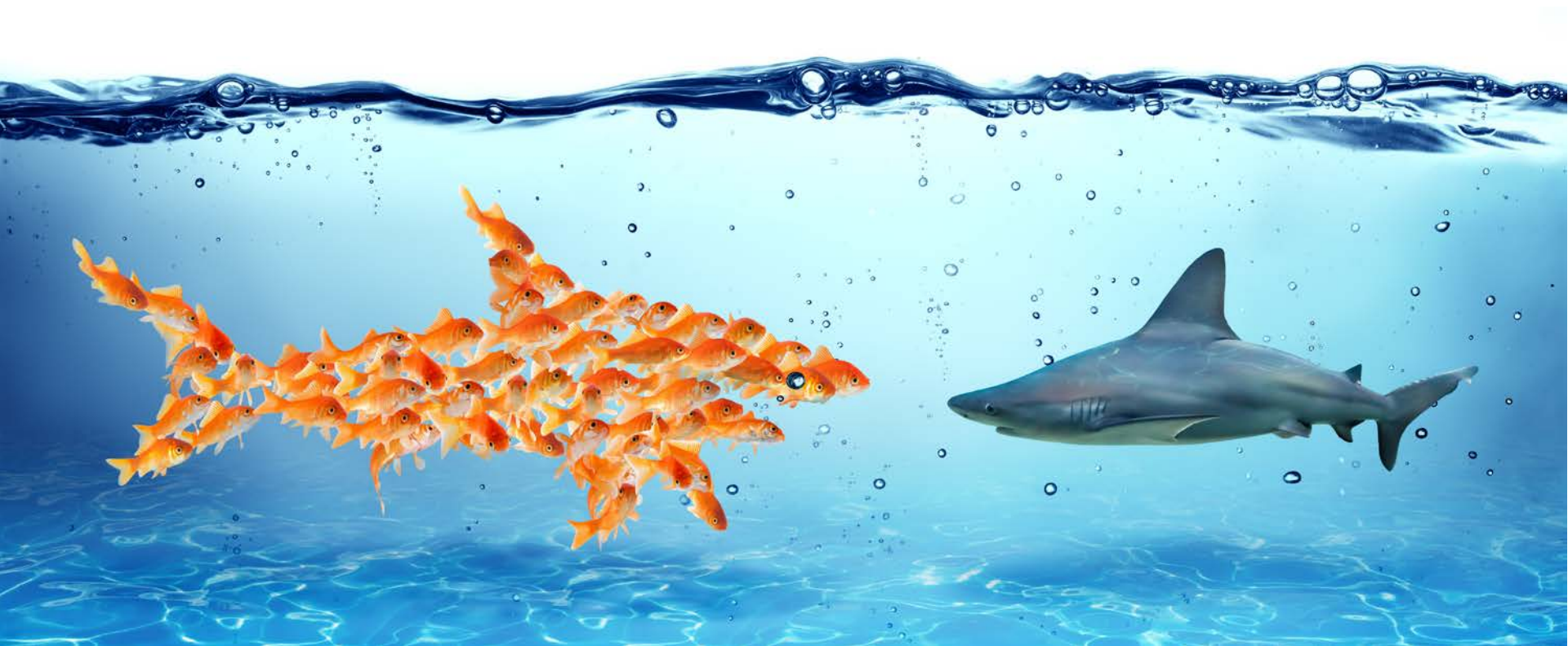
We are...

the nation's public-private partnership for suicide prevention.

We engage more than 250 public and private organizations to advance implementation of the National Strategy for Suicide Prevention



TOGETHER we can do so much.





Action Alliance Overview

Mission:

- **Champion** suicide prevention as a national priority.
- **Catalyze** efforts to implement high-priority objectives from the *National Strategy for Suicide Prevention*.
- **Cultivate** the resources needed to sustain progress.

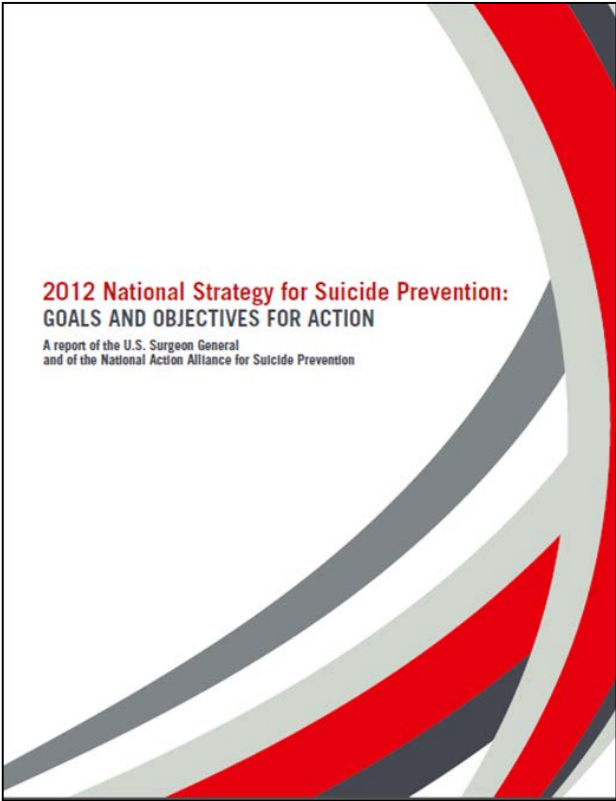
Goal:

- To reduce annual suicide rate **20 percent by 2025**.



Action Alliance Overview

We are committed to advancing the
National Strategy for Suicide Prevention





Action Alliance Overview

Executive Committee Co-chairs:



- **Public Sector:**

Dr. Carolyn M. Clancy
Executive in Charge, Veterans Health Administration
U.S. Department of Veteran Affairs

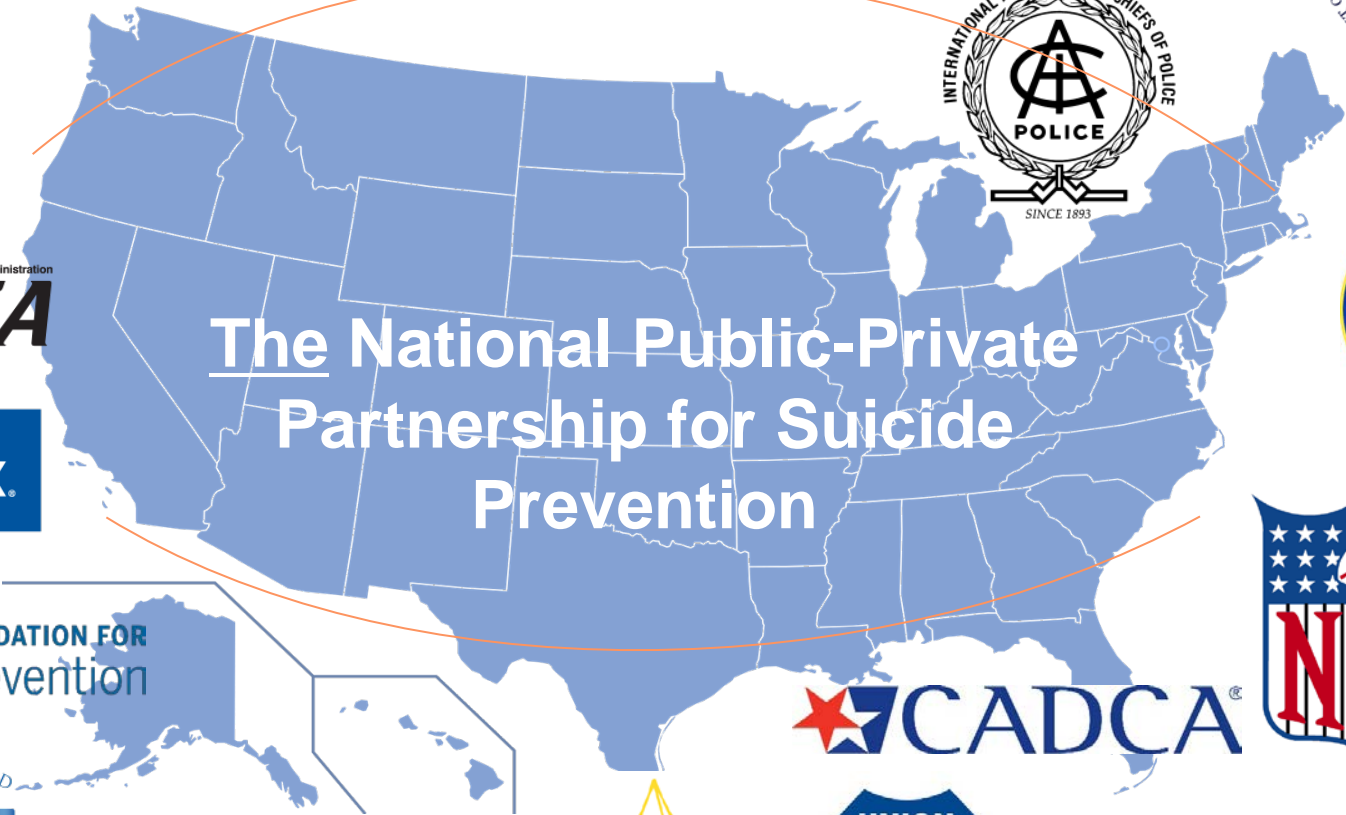


- **Private Sector:**

Mr. Robert W. Turner
Senior Vice President – Retired
Union Pacific Corporation



Entertainment Industries Council, Inc.



AMERICAN FOUNDATION FOR Suicide Prevention

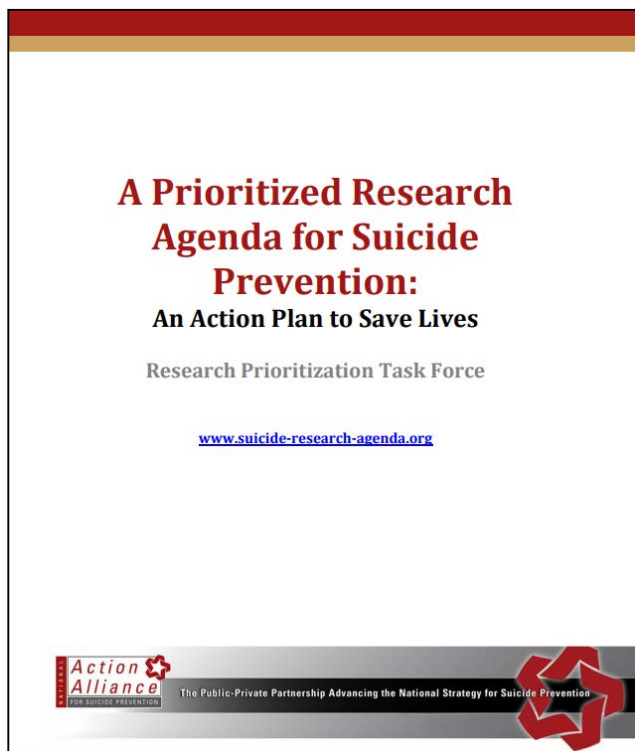




Action Alliance Overview

Prioritized Research Agenda:

NSSP Objective 12.1: Develop a national suicide prevention research agenda.



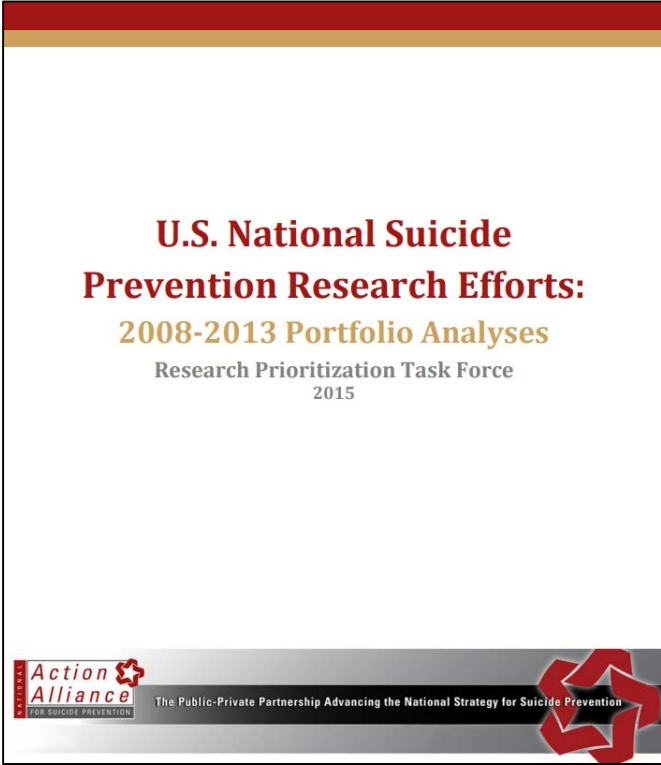
- Key Question 1: Why do people become suicidal?
- Key Question 2: How can we better or more optimally detect/predict risk?
- Key Question 3: What interventions prevent individuals from engaging in suicidal behavior?
- Key Question 4: What services are most effective for treating the suicidal person and prevention suicidal behavior?
- Key Question 5: What other types of interventions (outside health care settings) reduce suicide risk?
- Key Question 6: What new and existing research infrastructure is needed to reduce suicidal behavior?



Action Alliance Overview

Suicide Prevention Research Portfolio Analyses

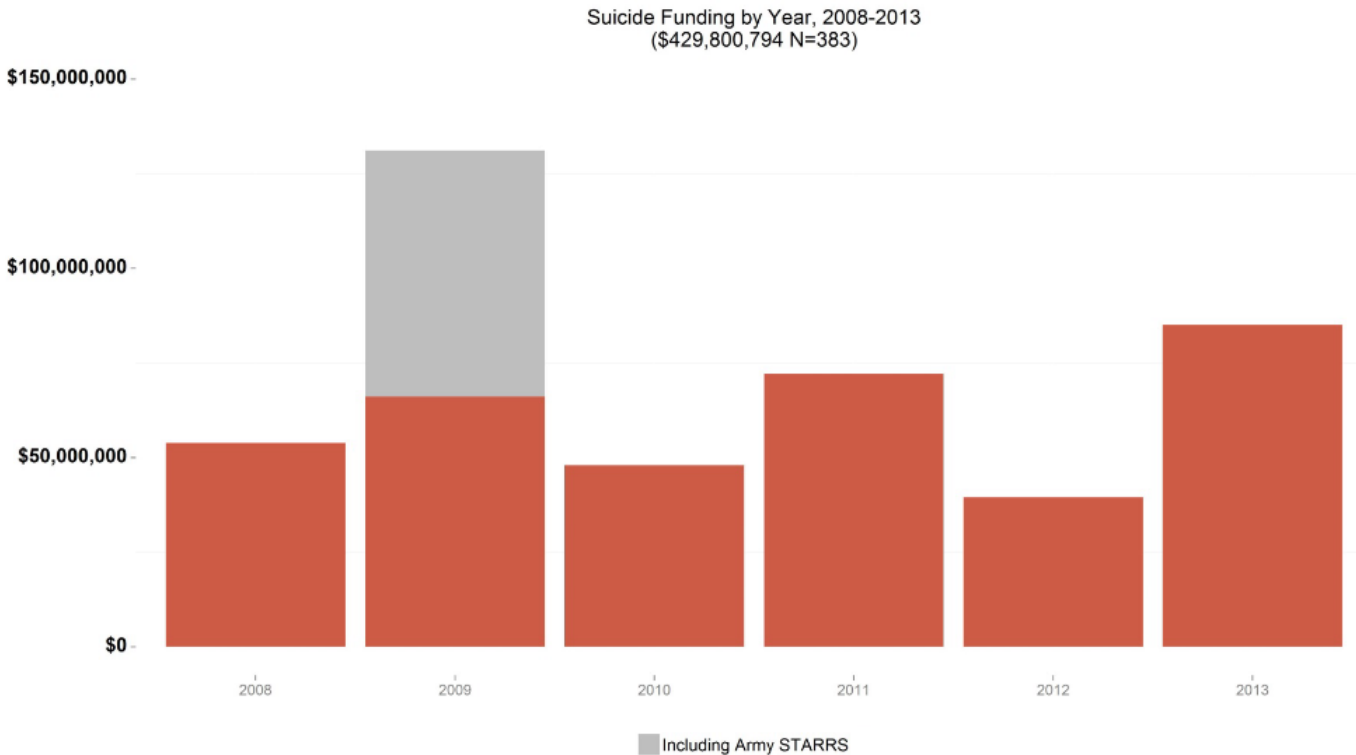
NSSP Objective 12.2: Disseminate the national suicide prevention research agenda, inventory funded suicide research.





Action Alliance Overview

Figure 7: U.S. Suicide Research Funding by Fiscal Year, 2008–2013



- The average annual combined investment in suicide research is \$71.6 million per year (between 2008-2013), inclusive of Army STARRS (\$60.8 million excluding Army STARRS)

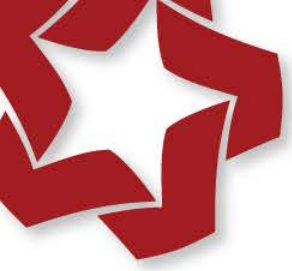


Action Alliance Overview

- The Action Alliance is committed to:
 - Reaching at-risk populations (e.g., American Indian/Alaska Native, veterans and military servicemembers, suicide attempt survivors, and survivors of suicide loss)
 - Engaging individuals with lived experience to inform and enhance future prevention strategies

“For too long the voice of millions of suicide attempt survivors, like myself, and the value of our experience has been discounted. Now we have come together to provide what could be the most meaningful and impactful contributors to reducing suicide- lived experience”

- - Eduardo Vega (Co-Lead, Action Alliance Suicide Attempt Survivor Task Force)



Action Alliance Overview

Transforming Health Systems

NSSP GOAL 8. Promote suicide prevention as a core component of health care.

We bring together national leaders and implement strategies to improve:

- Acute care transitions
- Standards of care
- Clinical workforce preparedness
- Crisis services
- Financing
- Zero Suicide



“Over the decades, individual (mental health) clinicians have made heroic efforts to save lives...but system of care have done very little”

Dr. Richard McKeon



Action Alliance Overview

Zero Suicide Initiative

NSSP Objective 8.1: Promote the adoption of “zero suicides” as an aspirational goal by health care and community support systems that provide services and support to defined patient populations.



The Action Alliance launched, and is now scaling up implementation of, the **Zero Suicide initiative** an evidence-informed quality improvement approach to improving suicide care in health and behavioral health care systems



“Suicide represents a worst case failure in mental health care. We must work to make it a ‘never event in our programs and systems of care”

- Dr. Mike Hogan

zerosuicide.sprc.org



Action Alliance Overview

Changing the Conversation

NSSP GOAL 4. Promote responsible media reporting of suicide, accurate portrayals of suicide and mental illnesses in the entertainment industry, and the safety of online content related to suicide.



We leverage news reporters, entertainment industry representatives, and suicide prevention messengers to change the national narratives around suicide and suicide prevention to ones that promote:

- Hope
- Connectedness
- Social support
- Resilience
- Treatment
- Recovery

Aligning the Field to

PROMOTE MESSAGES

about being there for others.



National Suicide Prevention Week 2017 • #NSPW
www.actionallianceforsuicideprevention.org/NSPW

Every American can play a role in protecting their friends, family members, and colleagues from suicide. There are action steps anyone, anywhere can take to be there for someone who is struggling or in crisis. To elevate awareness about simple actions that can help save a life, the National Action Alliance for Suicide Prevention (Action Alliance) and its partners are coming together September 11-16. We invite you to join us to help spread the word that everyone can take steps to prevent suicide, in honor of Suicide Prevention Month (September), National Suicide Prevention Week (September 11-17), and World Suicide Prevention Day (September 10).

OVERVIEW



Learn more about this collaboration

GET INVOLVED



Learn how your organization can become involved

PARTNERS



Learn about our private and public sector partners



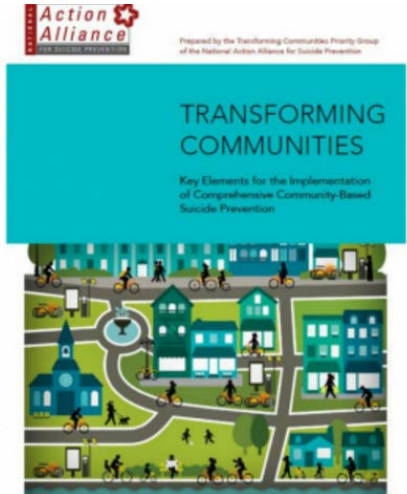
Action Alliance Overview

Transforming Communities



NSSP Goal 1. Integrate and coordinate suicide prevention activities across multiple sectors and settings.

We support suicide prevention efforts to reach individuals at risk who are not engaged with the health system. We engage faith community leaders, workplaces, and other community settings to be part of the community suicide prevention response.





Suicide Prevention Resources



Suicide Prevention Resources



SPRC • Suicide Prevention Resource Center

Promoting a public health approach to suicide prevention

Assessing and Managing Suicide Risk (AMSR)

Core Competencies for Behavioral Health Professionals



Suicide Prevention Resources

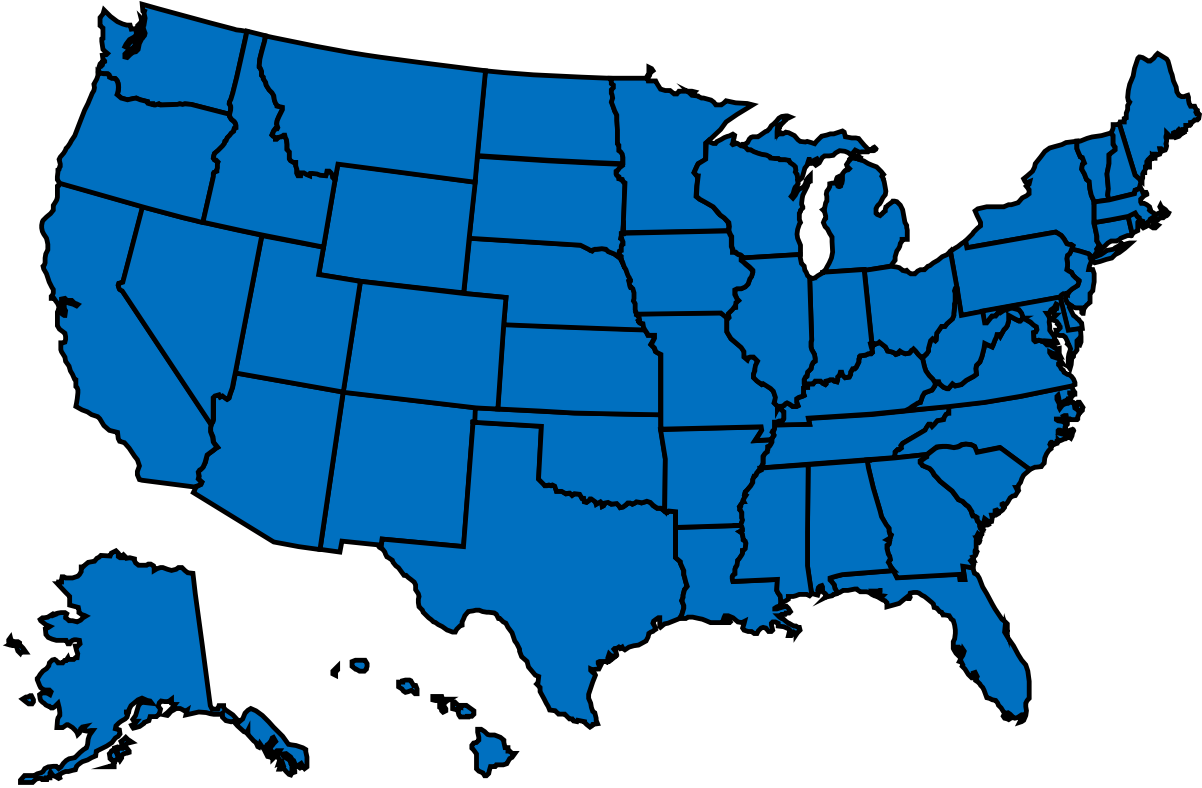


- 24/7, free and confidential support for people in distress.
- Prevention and crisis resources.
- Best practices for professionals.



Suicide Prevention Resources

Local/State Suicide Prevention Coordinators





Suicide Prevention Resources

The screenshot shows the top section of the Suicide Prevention Resource Center website. It features a navigation menu with links for 'About Suicide', 'Effective Prevention', 'Resources & Programs', 'Training & Events', 'News & Highlights', and 'Organizations'. On the right, there is a 'SUICIDE PREVENTION LIFELINE' logo and the phone number '1 (800) 273 TALK 8255'. A green banner below the navigation asks visitors to 'Take this quick survey on your experience with SPRC.org'. The main content area has a background image of hands stacked together, with the text 'We all have a role to play. Together, we can save lives.' and a list of five key actions for effective prevention.

Suicide Prevention Resource Center
About Suicide Effective Prevention Resources & Programs Training & Events News & Highlights Organizations

SUICIDE PREVENTION LIFELINE 1 (800) 273 TALK 8255

TELL US WHAT YOU THINK! > Take this quick survey on your experience with SPRC.org.

We all have a role to play.
Together, we can save lives.

Effective prevention starts with *you*.

- Make a plan to prevent suicide
- Find a suicide prevention program
- Measure your program's success
- Improve suicide care for your patients
- Take action after a suicide

The Suicide Prevention Resource Center (SPRC) is the nation’s only federally supported resource center devoted to advancing the National Strategy for Suicide Prevention. SPRC is funded by the [Substance Abuse and Mental Health Services Administration](#) (SAMHSA)



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www.actionallianceforsuicideprevention.org