Mobilizing Community Systems to Engage Families in Early Autism Detection and Services



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Autism Screening: Panel Presentation by the ASD PEDS Network

Meeting of the Interagency Autism Coordinating Committee

January 17, 2018

Bethesda, Maryland

The Problem: The lifetime societal cost for one child with autism is \$1.4 to \$2.4 million





Recommendations of the American Academy of Pediatrics (2007)

Developmental surveillance at every well-child visit

from 9 to 30 months

Screen all children for
 ASD at 18 and 24 months

Autism can be diagnosed by 18-24 months, yet the median age of diagnosis of ASD is 4-5 years in the US



Children of minority, low income, and rural families are diagnosed a year and a half later. US Preventive Services Task Force Recommendation Statement

Screening for Autism Spectrum Disorder in Young Children (18 to 30 months)

JAMA, 2016;315(7):691-696

Recommendation: The USPSTF concludes that the current evidence is insufficient to assess the balance of benefits and harms of screening for ASD in young children for whom no concerns of ASD have been raised by their parents or a clinician.

Selection Bias that Inflates Sensitivity/Specificity... if the average developmental level is far below 75

Screener	Mullen Scales of Early Learning Standard Scores (M=100; SD=15)			
	Visual Rec	Fine Motor	Rec Lang	Exp Lang
Younger Sibs (n = 38) Ozonoff et al. (2015)	89	91	75	75
M-CHAT (n = 105) Robins et al. (2014)	70	68	61	63
ESAC (n = 179) Wetherby et al. (2015)	83	78	76	76

Selection Bias that Inflates Sensitivity/Specificity... How many children were missed?

Screener	Sample Size	Age in months	Hits	# per 1,000
CHAT Baird et al., 2000	16,235	m=18.7	33	2.03
M-CHAT Chlebowski et al., 2013	18,122	m=20.4	95	5.24
M-CHAT Stenberg et al., 2014	52,026	at 18	60	1.15
ESAT Dietz et al., 2006	31,724	m=14.9	18	0.57
ITC Wetherby et al., 2008	6,026	m=16.4	90	14.94

Need to Improve Early Identification of Developmental Disabilities

Percentage of Population Receiving Special Education or Early Intervention Services in 2007:

School-Age Children

6 to 17 years

11.4%

Preschool Children

3 to 5 years

5.7%

Infants and Toddlers

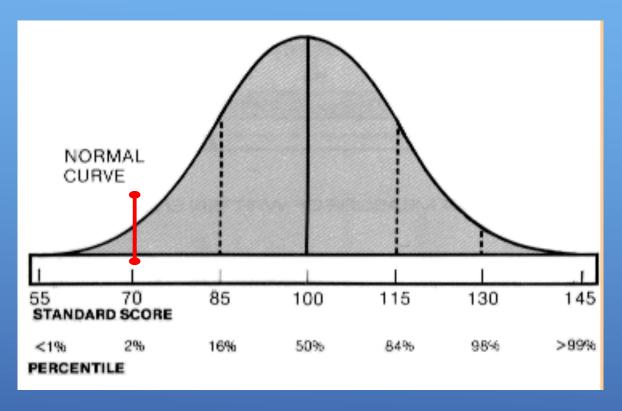
Birth to 2 years

2.5%

✓ This means 80% of children are missed.

(31st Annual Report to Congress, US DOE OSEP, 2012)

Where do we draw the line?



SD	SS	%ile
0.00	10	50 th
	0	
-1.00	85	16 th
-1.25	81	10 th
-1.50	77	7 th
-2.00	70	2 nd

2nd percentile is too low to detect the 11.4% who will be eligible for special education at school age in time for early intervention.

Learn the Signs. Act Early.

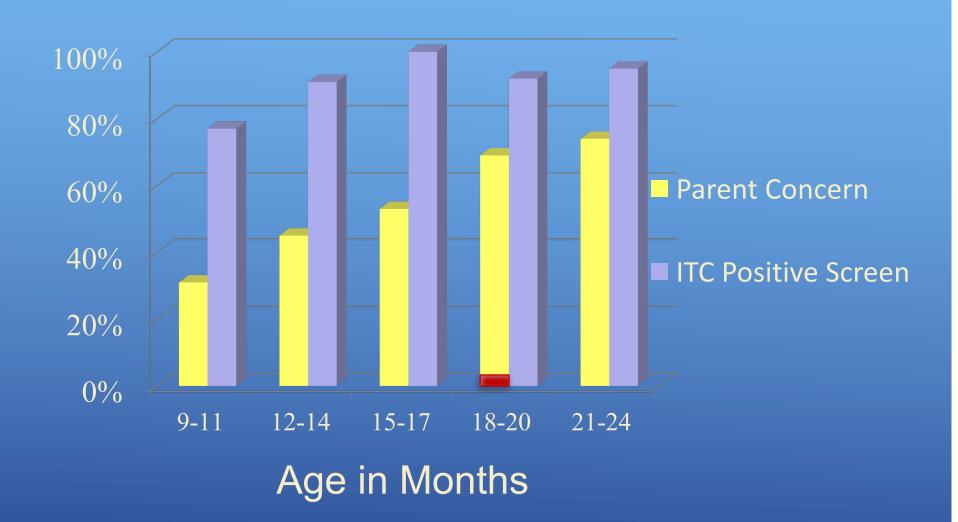
Are these milestones contributing to the solution or the problem?

9 Months	12 Months	18 Months			
Social & Emotional					
May be afraid of strangers	Is shy or nervous with strangers	Likes to hand things to others as play			
May be clingy with familiar adults	Cries when mom or dad leaves	May have temper tantrums			
Has favorite toys	Has favorite things & people	May be afraid of strangers			
Language					
Understands "no"	Responds to simple spoken requests	Says several single words			
Makes a lot of different sounds	Uses simple gestures, like shaking head "no" or waving	Says and shakes head "no"			
Copies sounds and gestures	Makes sounds with changes in tone	Points to show someone what he wants			

Parent Concern is Less Accurate at Younger Ages... and this will widen the health disparity

- Retrospective and prospective studies of parents of children with ASD show:
 - About 75% have concerns by 24 months
 - About 50% have concerns by 18 months
 - About 30% have concerns by 12 months
- Very few reported concerns are specific to autism
- Parents are fairly accurate reporting what their child can and cannot do but not as accurate at knowing when to be concerned.

Parent Concern & Positive Screen on the Infant-Toddler Checklist for Children with ASD (n=60)





Funded by NICHD, CDC, NIDCD, & NIMH

www.FirstWordsProject.com

PI: Amy M. Wetherby, Ph.D. Florida State University

Smart ESAC to streamline screening

Early Screening for Autism & Communication Disorders

- Online automated system for well-child visits at 9 to 30 months
 - √ 10 questions for universal screen
 for communication delay
 - ✓ Seamlessly followed by 20 questions to screen for autism
 - ✓ Linkages to parent & provider portal, e-monitoring, and online resources and tools for families
- Built by Prometheus Research in collaboration with the FSU Autism Institute

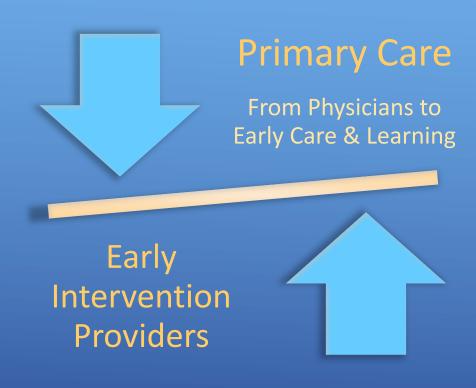


Funded by NIH/NICHD and the State of Florida

So far so good...

- ESAC is a promising universal screening tool to distinguish children with ASD from DD and TD between 12-36 months
- ROC curves on our combined samples show very good AUC and good Sensitivity and Specificity at 24-36 months, 18-23 months, and 12-17 months
- Cost-effective screener for ASD that maximizes the role of parents and helps build consensus on red flags in 2 domains

Push-Pull: Building the Capacity of Communities to Improve Early Detection & Access to Care





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Mobilizing Community Systems to Engage Families in Early ASD Detection & Services

Services Research for ASD R01 Grant funded by NIMH

Investigative Team

Amy M. Wetherby, PhD, Florida State University

• Heather Flynn, PhD, Elizabeth Slate, PhD, Jo Brown, MD, Juliann Woods, PhD

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Renee Turchi, MD, Paul Shattuck, PhD, Connor Kerns, PhD, Diana Robins, PhD

Reverend Anthony Evans, President of the National Black Church Initiative (NBCI)

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Roy Richard Grinker, PhD, George Washington University

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Alycia Halladay, PhD, Autism Science Foundation

Amy Daniels, PhD, Simons Foundation

Mobilizing Community Systems to Engage Families in Early ASD Detection & Services

Services Research for ASD R01 Grant funded by NIMH

Research Sites and Community Service Systems

Five collaborative research sites:

- Florida State University FL (PI: Amy Wetherby)
- Emory University GA (PI: Ami Klin)
- Drexel University PA (PI: Craig Newschaffer)
- Weill Cornell Medical College

 NY (PI: Cathy Lord)
- University of Miami FL (Site-PI: Michael Alessandri)

Three community service systems:

- 1. Primary care
- 2. Publicly-funded social service programs
- National Black Church Initiative (NBCI) and other faith-based organizations

Research Approach: Planning Phase

Qualitative research methods using focus groups with families and providers designed ...

- 1) to identify challenges and barriers to early detection and access to early intervention for children under 24 months, and
- 2) to develop strategies to promote early detection and early intervention in underserved populations.

Focus Groups with Professionals (*n*=50): Overcoming Barriers to Improving Early Detection of ASD in Community Systems

Training on the early signs of ASD; Wait and see if more comforting

Available validated screening tools feasible for primary care

Available intervention services if screening is implemented

Focus Groups with Families (n=105): Overcoming Barriers to Improving Early Detection of ASD in Community Systems

Timing—
Developmental
milestones;
Spectrum of
symptoms of
autism

Powerlessness— Structural violence of waiting and searching for diagnosis; Resistance to diagnosis Access to services for diagnosis and intervention

Research Approach: Implementation Phase

- Community Service Providers (CSPs) from the 3 service systems are invited to use the Autism Navigator for Primary Care course, the Smart ESAC, and online portal.
- Using an implementation science framework, initial implementation phase in FL, GA, PA in Year 2. Full implementation was deployed in Year 3 by scaling up in these sites and expanding to NY & Miami.
- We have recruited 396 CSPs in 4 states, 68% from primary care and 32% from other service systems; 166 of the CSPs have completed the coursework and are actively screening.
- CSPs have screened 5,010 toddlers 9-18 months of age with a mean age of 14.25 months. The sample include 51.1%males, 43.7% racial minority, and 36.0% ethnic minority,
- Children with a positive ASD screen are invited for a confirmatory diagnosis at 18, 24, & 36 months to compare short and long-term impact.



Introducing a new system of care to improve early detection and family access to care.

Learn About our Gallery

www.AutismNavigator.com

Leveraging the Laws of Motion to Generate Forward Movement: We need all 3 wheels for balance and acceleration.



Autism NAVIGATOR® for Early Intervention Providers

Course Introduction

- 1. Improving Early Detection
- 2. Collaborating with Families
- 3. Developmental Perspectives
- 4. Evidence-based Intervention Strategies
- 5. Addressing Challenging Behavior

This 30-hour course launched in the 2014.

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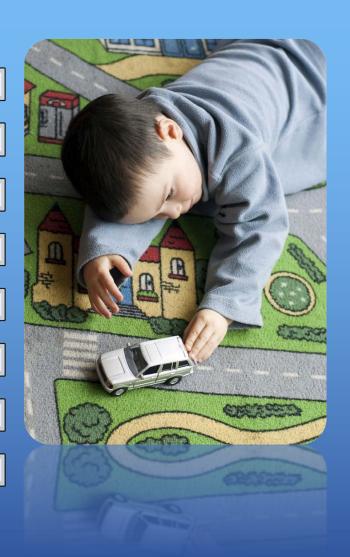
Autism NAVIGATOR® for Primary Care

Course Introduction

Jump-Start to Primary Care

- 1. Core Diagnostic Features
- 2. Prevalence and Cause
- 3. Early Detection
- 4. Collaborating with Families
- 5. Screening & Referral
- 6. Early Intervention Basics

This 8-hour course launched in the Fall, 2015.





IDEAS | GLOSSARY | TOOLS | HELP | EXIT

Recognizing Social Communication Features





IDEAS | GLOSSARY | TOOLS | HELP | EXIT

Recognizing Social Communication Features



Charlie at 27 months

Early Signs of ASD



Luke at 28 months

1

2

3

≔

4 of 12

Provider Materials

Smart ESAC Resources

Research Briefs

Family Materials

English

Spanish

Websites

e-Documents

About Tools

Family Materials (English)

Print materials designed for providers to share with families about specific topics and content covered in each unit and to offer ideas or suggestions on how to monitor and support their child's development. Click on the thumbnail images to open, save, or print a document. Scroll down to view the complete set of documents.



Babies Learn at an Amazing Rate

Milestones of social communication development from 9 to 24 months in English.



16 by 16 Series

The 16 by 16™ series highlights early social communication milestones that children should develop by 16 months of age. It covers 5 developmental domains—16 gestures, 16 actions with objects, 16 ideas to communicate, 16 ways to manage emotions, and 16 messages to understand, from 9 to 16 months to launch language learning and literacy. The series is a companion to the Social Communication Growth Charts and can provide a roadmap to help families and others learn about these important early milestones so they can notice small delays early in order to prevent bigger delays later. (NOTE: The 16 by 16 series is UNDER DEVELOPMENT. As each new domain is ready it will be added to this PDF.)



How Parents Can Support Social Communication Development

Description of three layers of supports that all families can use in everyday activities to foster their child's social communication development.



They will be, just as soon as you complete the Autism Navigator for Primary Care course. You will have free and unlimited access to cutting-edge, evidence-based tools to support the families you serve.

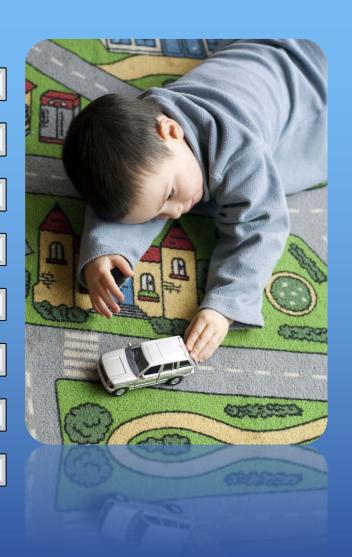
Autism NAVIGATOR® for Primary Care

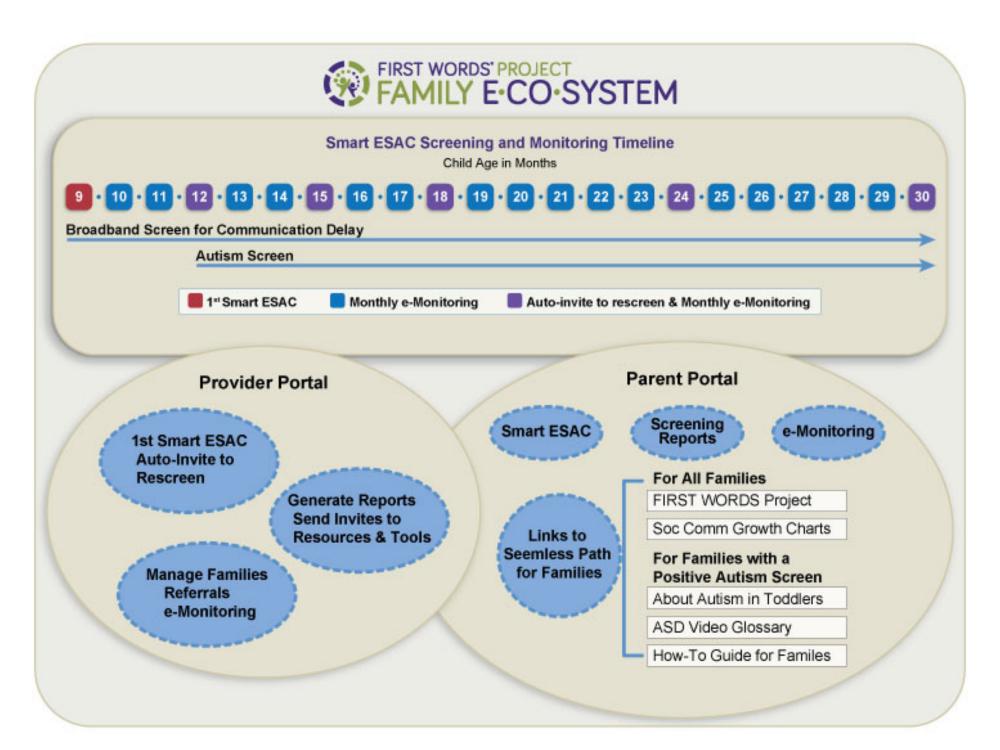
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This 8-hour course launched in the Fall, 2015.





Seamless Path for Families

For all families





About Screen My Child



Watch, Learn, and Spread the Word

Because the development of infants and toddlers is important to everybody.

www.FirstWordsProject.com

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16by16

10 MONTHS: REACH, RAISE ARMS





10 MONTHS: REACH, RAISE ARMS





11 MONTHS: SHOW, WAVE









12 MONTHS: OPEN-HAND POINT, TAP





13 MONTHS: CLAP, BLOW A KISS





13 MONTHS: CLAP, BLOW A KISS









14 MONTHS: INDEX-FINGER POINT, SHHH GESTURE











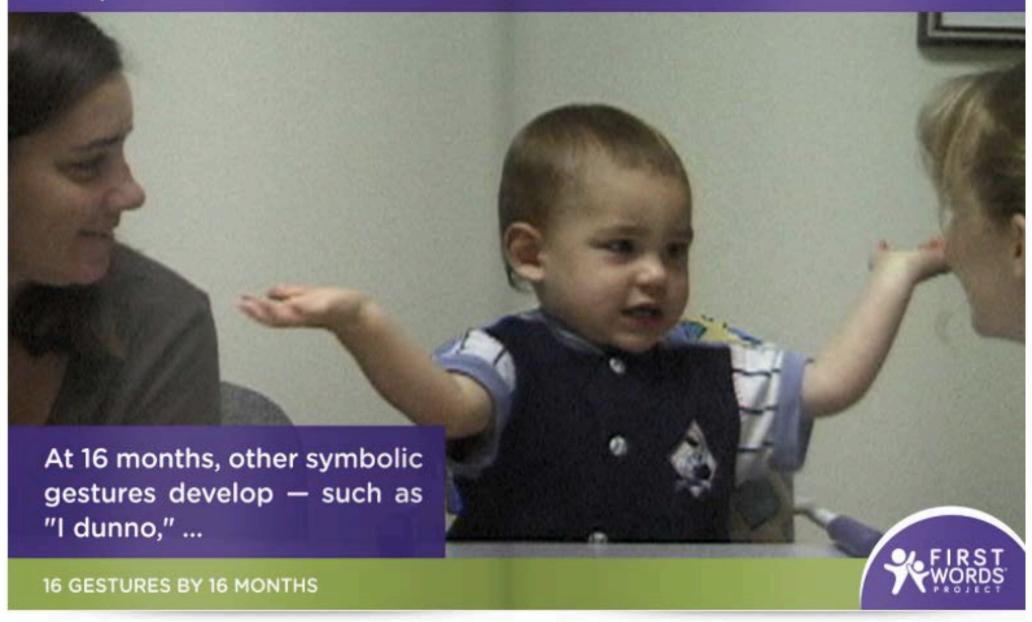
15 MONTHS: HEAD NOD, THUMBS UP, HAND UP







16 MONTHS: OTHER SYMBOLIC GESTURES





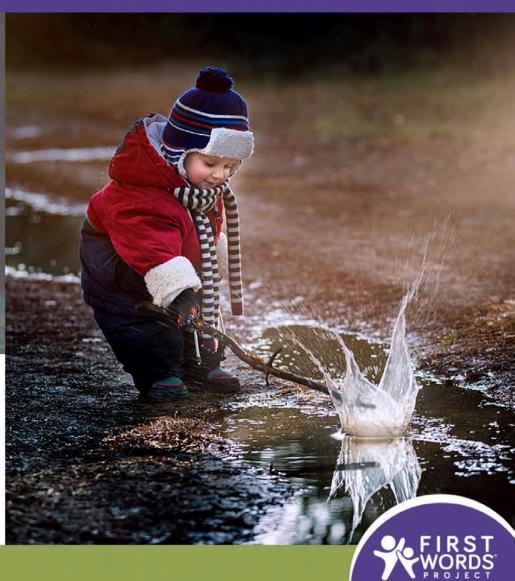
Sneak Peek at our New Lookbook being launched this week!



TODDLERS ARE MOVERS AND SHAKERS



Toddlers are "movers and shakers" — always on the go. They seek information about the world. They experiment to figure out how things work. Their enthusiasm to share their experiences and accomplishments is contagious.



9 MONTHS: MOUTH, BANG, DROP





At 9 months, babies repeat different actions with objects. They mouth objects to explore the features.



10 MONTHS: TAKE OFF, TAKE OUT



At 10 months, babies learn to grab and pull — and take things off, like a sock, shoe, or hat.



11 MONTHS: MONTHS: PUSH, TURN

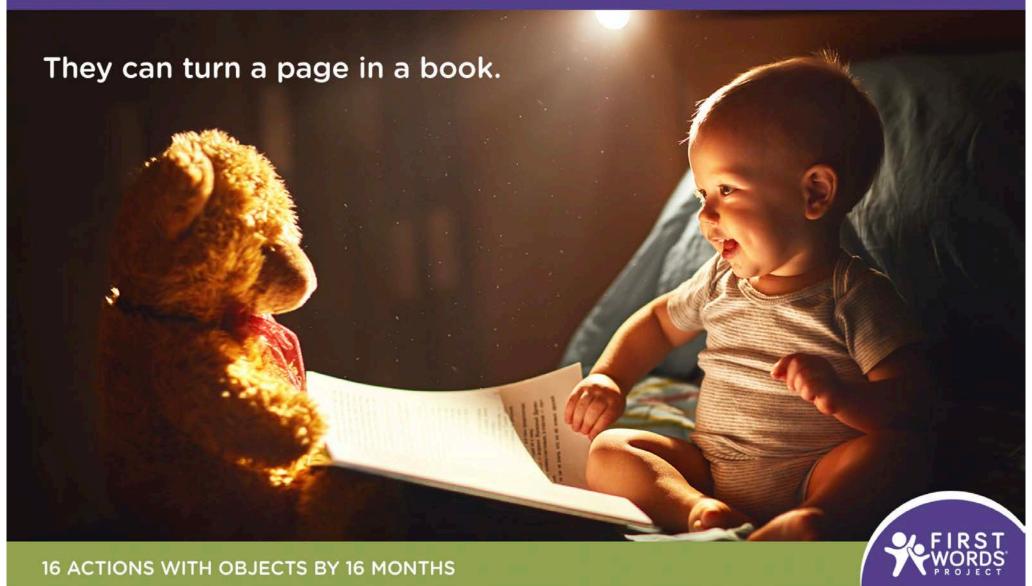


They can push a toy train to make it move or a tower of cups to knock it down.





11 MONTHS: PUSH, TURN



11 MONTHS: PUSH, TURN



12 MONTHS: PAT, PUT IN



Soon, their pat develops into a hug to share their love.

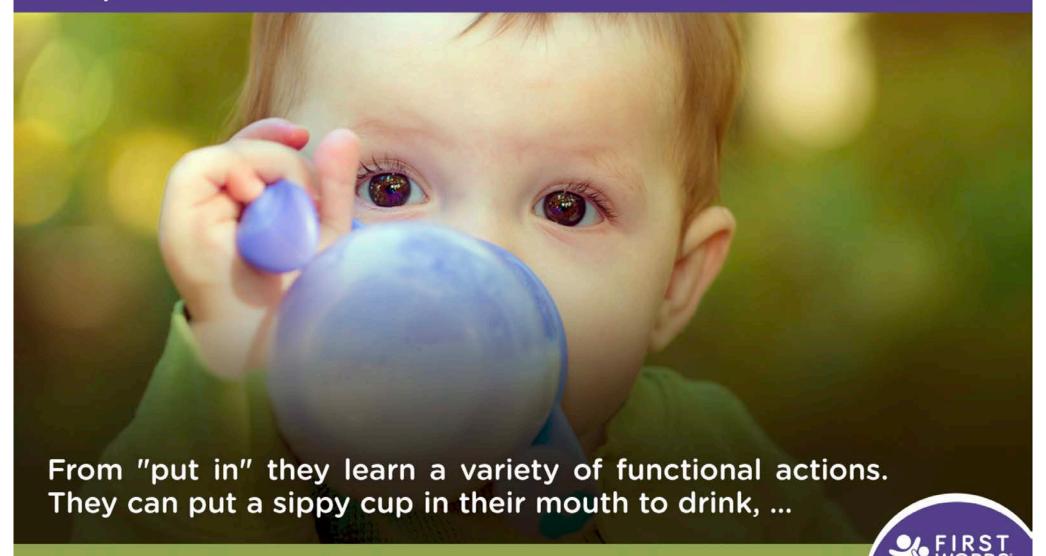


12 MONTHS: PAT, PUT IN



At 12 months, babies are learning functional actions with a purpose in mind. They can put things in — put clothes in the dryer or a shape in a puzzle.





12 MONTHS: PAT, PUT IN



13 MONTHS: FEED OTHERS, OPEN & CLOSE



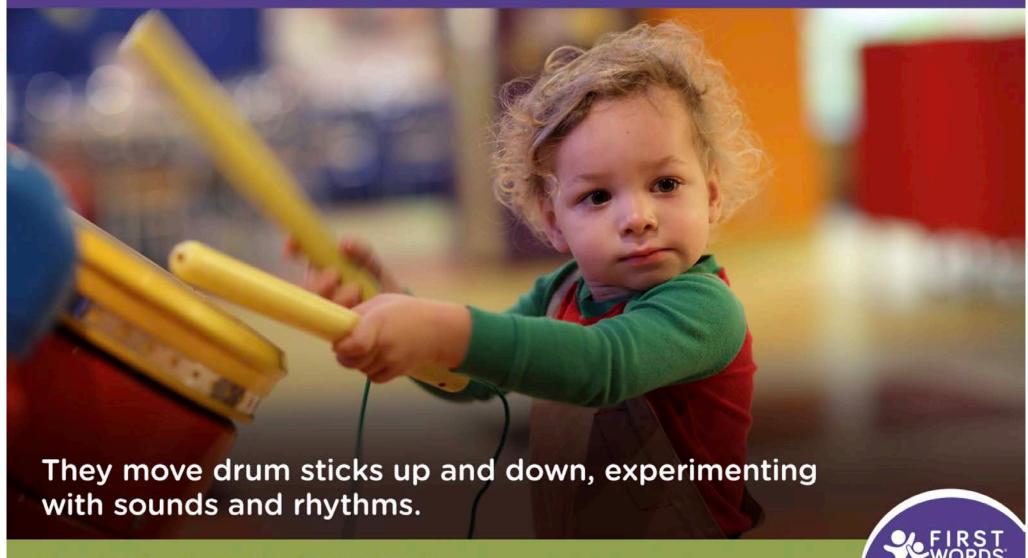
At 13 months, children begin to learn by observing others and copying what they do and say. They can feed Mom with a cup or Teddy bear with a bottle, showing they are on the cusp of pretending.



14 MONTHS: MOVE OBJECTS BACK & FORTH, UP & DOWN



14 MONTHS: MOVE OBJECTS BACK & FORTH, UP & DOWN



15 MONTHS: POUR, WASH & DRY



15 MONTHS: POUR, WASH & DRY



With a plan in mind, they can help wash and dry dishes and even the car. Toddlers are eager for a role in family chores.



16 MONTHS: STACK, CUT OUT, SCRIBBLE, DRAW



At 16 months, children can make and create things. They can stack 3 or 4 blocks to make a tower.



16 MONTHS: STACK, CUT OUT, SCRIBBLE, DRAW



Children are learning how to create drawings. They can scribble with a crayon and paint with a paint brush.



16 MONTHS: STACK, CUT OUT, SCRIBBLE, DRAW



THE BEST TIME TO GET READY FOR PRESCHOOL IS FROM 9 TO 16 MONTHS



Spotting small gaps in early actions with objects and gestures from 9 to 16 months is the best time to get ready for preschool so children can reach their potential by kindergarten.

Seamless Path for Families

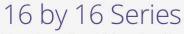
For all families











Did you know that children should use at least 16 gestures by 16 months?



Growth Charts

Learn the Milestones in our Guided Tour for Families of Children 6-24 Months





Resources

Documents and Websites. Download, Print, Share,

VIEW RESOURCES

LEARN MORE



Supporting Parents in the Most Important Role of Their Lives

Babies learn at an amazing rate. Learn the milestones that develop from 7 to 24 months.

Select your child's age.





How Does a Parent Know What to Expect:

Social Communication Developmental Milestones can be a Roadmap



Sounds & Words

☐ I can make different noises with my mouth and different sounds.

Milestones that Matter Most

7-8 months

Make excited squealing noises as I crawl toward

Whine when I drop my toy out of reach Make raspberry noises so you'll laugh again Say "ba ba ba" while I'm bouncing in my swing

Make sounds like "ma ma ma" while waiting for my

Using Actions with Objects

Reach out to pick up a piece of banana from my

Hold a toy in one hand and reach out to pat the dog

I can grasp, hold, bang, mouth, and let go of objects to explore how they work.

Shake a rattle to make noise

high chair tray

Bing a toy to my mouth to chew on it

- Hold a toy in each hand and bang them together

- Grab, bang, and drop plastic spoons on the kitchen floor

- Reach out with both hands to touch a stuffed animal



Social Sharing with Objects

I am interested in exploring objects with you and noticing your reaction

Reach to take a toy you give me while you're

changing my diaper Laugh when you hide behind the blanket and then reappear Watch to see if you notice when I make a loud noise play

ing with pots and pans Hold my spoon out while I'm eating and notice that you're watching

Bounce and kick my legs in my car seat and look to see if

☐ I notice you, look at you often, and can easily shift my attention to you when you talk or gesture

Watch you wash the dishes while I eat my snack

Giggle and look at you when you are about to tickle my toes

Look up at you when you walk in the room.

even if I'm playing with toys

Watch as you sing and clap your hands and reach

out to touch then

Social Attention

- Crawl to you as you call my name and hold out your arms

Intentional Communication

☐ I am learning you are the agent of change Reach and look at you when you're holding

something I want

- Use a loud voice and then notice that I got your attention - Turn away from you when I'm finished eating

Cry and look to you for help when I've dropped something Kick my feet excitedly and look at you when I see you

Sharing & Managing Emotions

☐ I can smile, laugh, and use my voice when Pm happy.

Laugh and look at you when you make a silly noise
 Squeal with excitement when Grandma is about to

pick me up

- Make happy sounds when I see you coming with my cup

- Giggle and look at you when the dog licks my arm Bounce up and down and use my excited voice when big brother comes in the room

Regulating Challenging Moments

☐ I can use different actions and sounds in addition to crying, when Pm upset.

Cry and lay my head on my tray when my spoon falls down Whine and kick away my diaper while you're

trying to change me Grab your arm and cry when you have to take the remote

Turn and hide my head on your shoulder when I'm afraid

of the pop-up toy
Use an upset voice and scoot away when you're trying to put my shoes on

Understanding Messages ☐ I can use different actions and sounds that

show I anticipate what will happen next. -Roll over to you when you walk in the room to be near you Start pushing on my tray when I know it's time to get down

from my highchair Scoot away quickly and giggle when I hear you say

- Cruise over and pull on your pants when I see you

drumming on your lap

Hold my arm out to help when you put my shirt on Copyright © 2017 Florida State University. All rights reserved

Creating New Ideas

☐ I am interested in learning what I can do with objects.

Explore your hair by rubbing and holding onto it while you carry me Bang a pot on the kitchen floor to hear the loud sound

Drop cheenos on the floor and watch the dog

come gobble them up Have fun smashing my banana on my tray

SOCIAL COMMUNICATION" GROWTH CHARTS

Milestones that Matter Most 23-24 months

Gestures & Meanings

☐ I can use phrases that describe things and request

Use phrases to ask questions like where daddy go or what doggie do.
 Say what's that to ask for the name of things.
 Use phrases to describe things like no touch hot, my shoe stuck, or my.

half gone gone
Use words to describe locations like up, out, in, eff, on
Use phrases to deny or refute something like no haly, nor shoe, this
half not that one

Sounds & Words

☐ I can use at least 100 words in phrases that include names, actions, and descriptions.

Use phrases with agents and actions like memny kits, deggie run, dashy thrue, hely skep.

Use phrases to describe actions and objects like car go fan, tree to hig.

truck load, want red cut, that on table.

Combine words that describe something not there like grandma go

Combine words that describe something not these like grassles get shows, no more hours, bloke all goes and objects like moommy kins baby, kirty eat food, daddy puth car, memmy get buttle - Use phrases to solve problems and feel better like bull stack daddy

Using Actions with Objects

☐ I can combine several different pretend actions in a

Put sand and stones in my dump truck, drive it over to the pretent - rut sain ann isones in my dissip trucs, drive it over to the present building sets, and domny it evo; Give my toy bear a buildin, build pilm, and then change his dispec Coloic an envisope and persend to mail a letter by putting it in a sheebox. Put my toy anumals in a bucket, pretend to give them a bath, then

dry them with a towel

Pretend to wash my toy dishes, put them on a counter to dry, and
then put them away



Social Sharing with Objects

☐ I can begin to take on a make-believe role in a

Pretend to ride in a tractor and out our hats on while we're reading a book about the farm

Pretend to serve you food and pour you a dank at our

make-believe restaurant Pile up sofa cushions with you and pretend we are

climbing a mountain

Put boxes in my wagon and pretend we are at the grocery store,
then pay you when I leave

Pretend to be the doctor and listen to your heart while we play

Social Attention ☐ I can talk with you about a topic I'm interested in like we're having a conversation Start talking about the tree that fell down while on

our walk together.

Point out and name the horses and cows I see while driving in the car. Talk about the different balloons I see at the grocery st

Ask what happened to the big pile of leaves we saw in the backyard Talk about what we can make with Playdoh today



Intentional Communication

☐ I can let you know how I feel and negotiate when things don't go my way.

Tell you Mad and stomp my feet, when you ask me to put my favorite toy away
Say No lease More with a sad face when it's time to go home from

visiting Grandma

Say One more time slide when you tell me it's time to leave the park.

Help figure out what we can do together inside after bearing it's

snowing and we can't go to the park
Let you know I'm mad that you won't let me carry the eggs and instead ask to carry the apple

Sharing & Managing Emotions

Understanding Messages

☐ I can use my words to share moments of

Go to the drawer, find the ice cream scoop, and tell you

I get the hig shoon

Say My belb when I hold my foot up and step into my pajamas.

Put my shoe on, close the Velcro strap, then look at you

Say Monney watth this when I squirt the hose and help water plants Say Pata look as I balance a box on my head

☐ I can create opportunities to learn about things that interest me in everyday situations.

Ask you Where they so when the fireflies light up and then disappear while we search for them in the back yard

Bring a worm I found in the garden, show you how it wiggles, and

it—Banana, tolod, and milk

Look at pictuse in book and say Manny look, Teddy bear make dough
and Mommy says Like the cookle dough we made

Help Mommy make a smoothie then tell daddy what we put in

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Walk into the kitchen with my bare feet and tell you it's cold

Regulating Challenging Moments

☐ I can calm myself down, come back to you, and

After getting upset when I'm told I can't have snack, I come back and ask if we can go outside
Calm down and say That sees after brother takes my favorite truck
Rom out of the receive and

Run out of the room when you tell me it's time to go to bed and

Say No-so and stomp my feet when you don't give me my own snack bowl, but then say Get my boul

snack down, out then say cer my sear.

Say My sames and pout when you ask me to shaze with sister, but
calm down when you say Alek ber to pear you milk

Creating New Ideas

☐ I can try out new things and seek out new opportunities for learning.

Put on a raincoat and boots so we can take a walk and splash in puddles

Help wash the car and learn how to spray with the hose to rinse
Help find the bananas to put in my little cart while

we go grocery shopping Find a pinecone outside and ask you what it is

Climb through the new tunnel at the park and find you in the

Home About

Guided Tour

Get Started

Select Explore or Chart





Laina

Elias



Explore Milestones By Age/Domain

9-10 Months 11-12 Months 13-14 Months 15-16 Months 17-18 Months 19-20 Months 21-22 Months 23-24 Months

Language Play Social Interaction Emotional Regulation Self-Directed Learning

Examples of Social Interaction at 13-14 Months

Hailey

Aaron

Social Attention



I can watch you $\underline{\text{and}}$ imitate what you do and say.

Milestone

Support

Intentional Communication



Milestone

Support

Select Explore or Chart

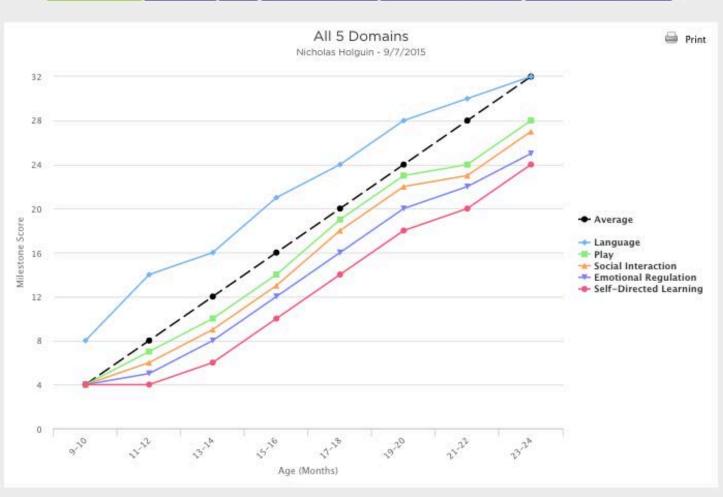




Growth Charts for Nicholas

View all 5 domains or click to view each individual domain







Language

Play | Social Interaction

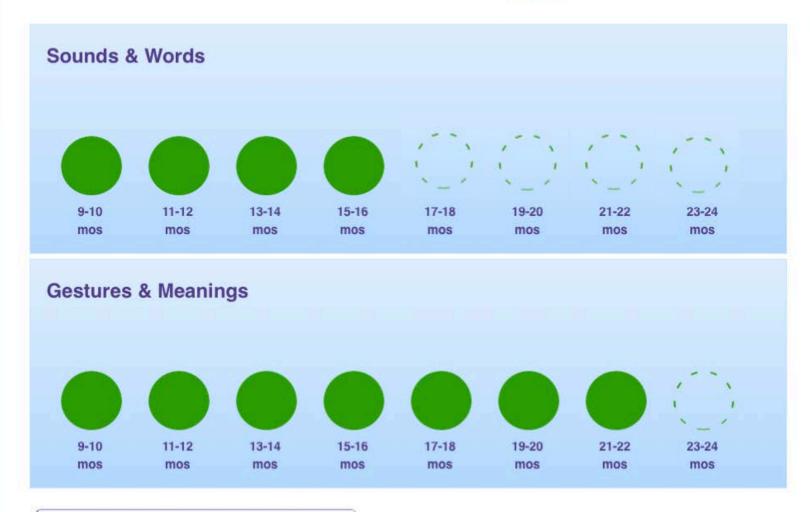
Emotional Regulation

Self-Directed Learning

All 5 Domains

Language Milestones





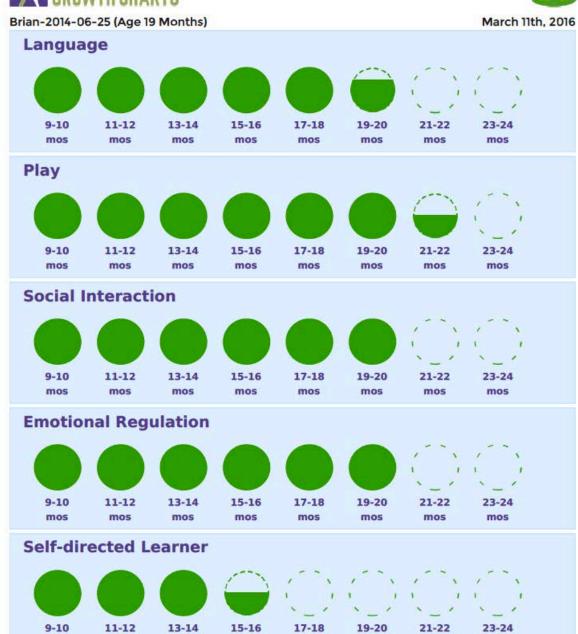












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Seamless Path for Families

For all families





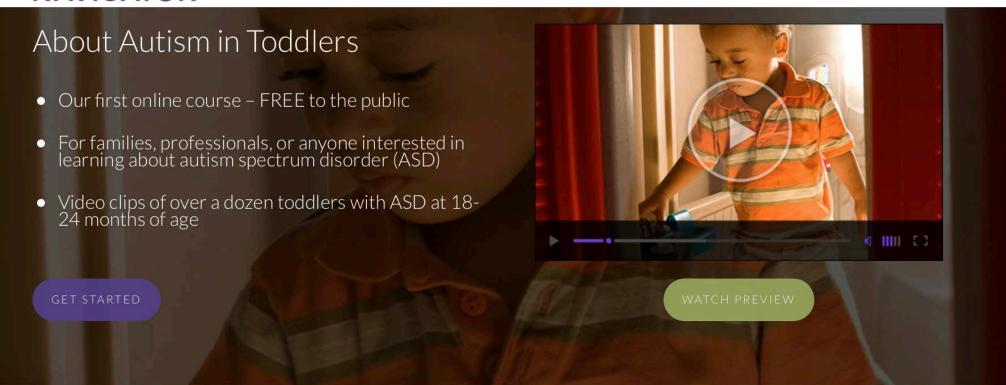
For families of children with a positive screen for autism











Courses for parents, professionals, and anyone interested in learning about autism.



About Autism in Toddlers

Our first online course free to the public is for families, professionals, or anyone interested in learning about autism spectrum disorder (ASD). You will learn about the core diagnostic features and early signs of autism in toddlers, the critical importance of early detection and early intervention, and current information on prevalence and causes of autism. This self-paced course has video clips of over a dozen toddlers with ASD at 18-24 months of age. It takes about 2 hours to go through all of the slides and videos or spend a few minutes and visit again later.

WATCH PREVIEW

GET STAR

 \rightarrow



About Autism in Toddlers

HOME | IDEAS | GLOSSARY | TOOLS | HELP | EXIT





Autism NAVIGATOR® About Autism in Toddlers

We are 10,000 Strong

Urban Dictionary: Gathering of people ready to take on the world

- Launched April 2015
- > Apr 2016: 3,643 unique users from 21 countries
- > Oct 2016: 6,557 unique users from 103 countries
- > Apr 2018: 13,100 unique users from 119 countries
- > Oct 2018: 18,720 unique users from 120 countries

How many countries are there in the world?

We are reaching more than half of the world's 195 countries.

About Autism in Toddlers

Welcome to About Autism

Select Language

English 😂

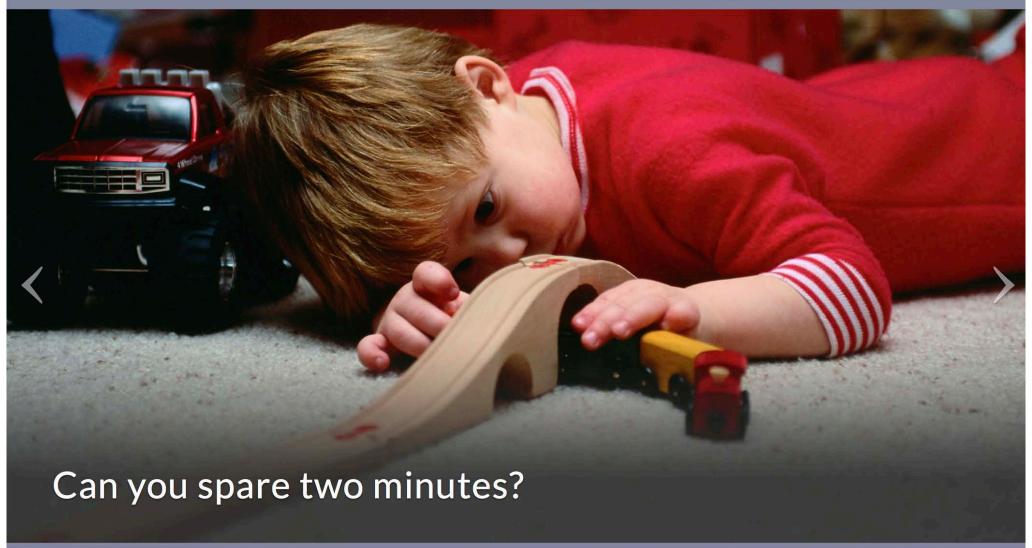
Start Presentation

Minimum System Requirements

- Operating System Recommended: Microsoft® Windows® 7; Mac OS X 10.6 or above; iOS 6.1.3 or above
- Browsers: Internet Explorer 10 or above; Firefox 20 or above; Chrome 6 or above; Safari 6 or above; Opera 12.5 or above
- 2 GB of RAM
- Screen resolution setting 1024 x 768 with 32 bit colors
- High Speed Internet connection required: DSL and/or Cable, 6Mbps and up (dial-up not supported)
- Video: Quicktime 7 or above; Browsers with HTML5 support
- Printable PDF: Adobe Reader 11 or above
- JavaScript and Cookies must be enabled
- Mouse, Keyboard, Speakers (if listening; monitor for Closed Captioning)

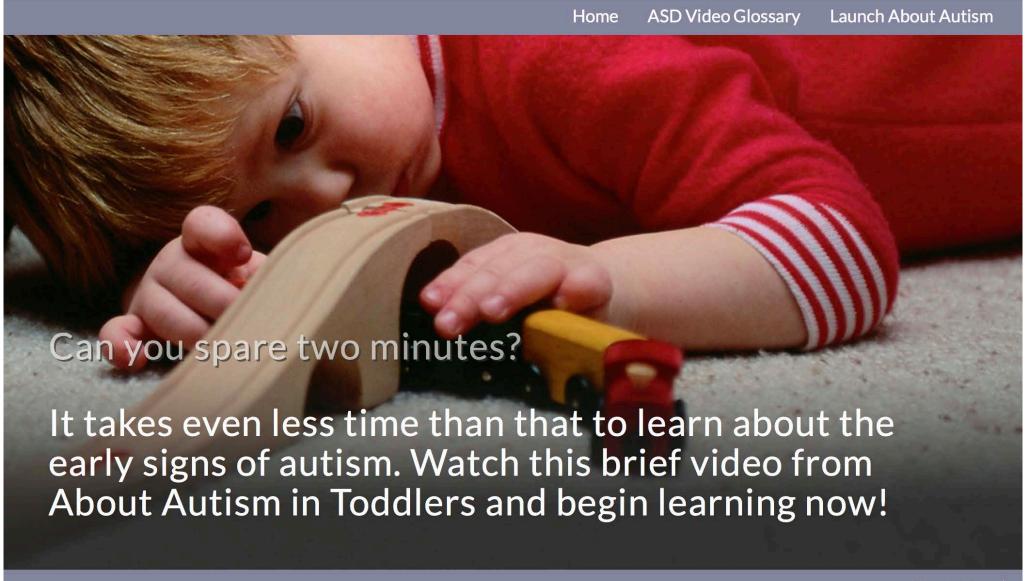
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Home ASD Video Glossary Launch About Autism



Learn More

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Watch Now



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Home ASD Video Glossary Launch About Autism





















IDEAS | GLOSSARY | TOOLS | HELP | EXIT

Critical Importance of Early Intervention

Early Signs of Autism



LB at 20 months

Change with Intervention



LB at 3-5 years

1

2

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8

16 of 29

Seamless Path for Families

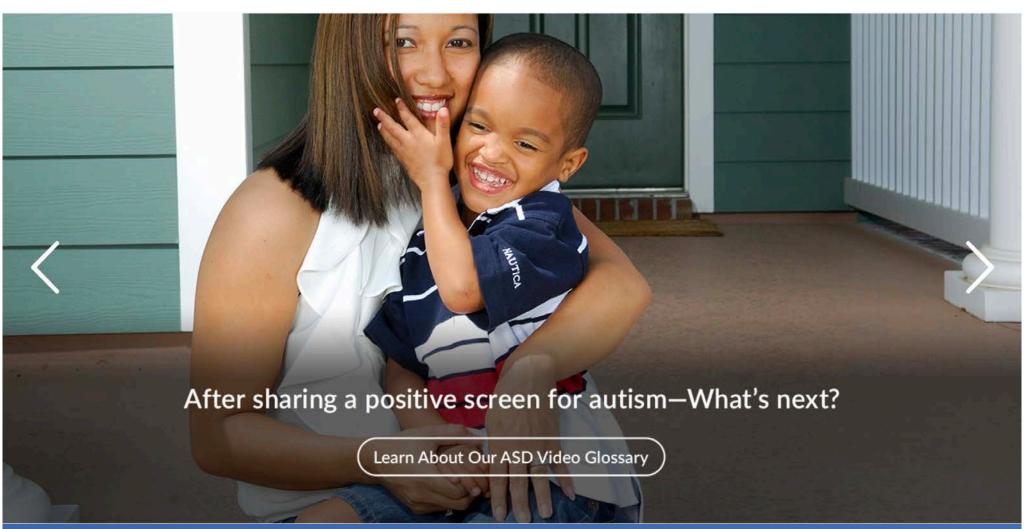
For all families



For families of children with a positive screen for autism









Welcome Amy Sign out



About Autism in Toddlers

Start here to learn about the early signs of autism with video clips of over a dozen toddlers with ASD at 18-24 months of age and see early intervention in action.

GET STARTED



ASD Video Glossary

For families and professionals who wish to **learn more** about the early signs of autism in toddlers. Uses side-by-side video clips showing behaviors that are typical in contrast with those that are red flags for autism.

GET STARTED



HOME | TOOLS | HELP | SIGN OUT

Sections

Getting Started

Overview

Social Communication and Social Interaction

Social-Emotional Reciprocity

Initiating or Responding to Social Interaction

Sharing of Interests, Emotions, Affect

Initiating and Sustaining Conversation

- Nonverbal Communication
- Relationships

Repetitive Behaviors and Restricted Interests

Associated Features

Treatments

Social-Emotional Reciprocity

Initiating or Responding to Social Interaction

Initiating or responding to social interaction refers to a child's interest in being with and interacting with adults or other children by looking at them, smiling, and communicating in verbal and nonverbal ways. A typical child will show an interest in other children, and respond to, and initiate offers for interaction with adults and peers.

Typical

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Jimmy at 15 Months

Jimmy is initiating and responding to social interaction with both his mom and the clinician. He shares his interest in the bubbles with his mom by looking at her, smiling, and showing her the bubbles.

Red Flags for ASD



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Ethan at 17 Months

Ethan is not responding to social interaction with either his mom or the clinician. Instead, he is overly focused on knocking down and rolling the jar.

Seamless Path for Families

For all families



For families of children with a positive screen for autism





What Is Autism?

About

Family Resources

Courses

Get Involved

Contact Us



5 Autism Navigator® — How-To Guide for Families

This interactive web-based course is for families who suspect their toddler has autism or a social communication delay. It will put in the hands of families hundreds of video illustrations of evidence-based intervention techniques you can implement in everyday activities to support your child's learning as soon as you suspect autism. This interactive program will teach families how to embed strategies and supports into everyday activities, provide developmental growth charts to help families recognize and monitor meaningful outcomes, and offer a video library to illustrate how to promote learning and development for toddlers with ASD. This How-To Guide for Families will also be instrumental for early intervention providers to use with families to improve outcomes of toddlers with ASD and their families.

LEARN MORE

LEARN HOW TO ENROLL

Autism Navigator® How-To Guide for Families

For families who suspect their child has ASD—get started right About the Course For families who suspect their child has AND—get started right away to better understand how early signs of aurism can impact away to better understand how early signs of autism can impact the control of the

This interactive web-based course is for families who suspect their young child has autism or a social communication delay. It will young child has autism or a social communication delay. It will put in the hands of families hundreds of video illustrations of put in the hands of families hundreds of they can implement in evidence hased intervention techniques they can implement in put in the hands of families hundreds of video illustrations of evidence-based intervention techniques they can implement in evidence-based intervention their child's learning as soon as they everyday activities to support their child's learning as soon as they everyday activities to support their child's learning as soon as they suspect aurism.

This self-paced course has 7 hours of interactive slides and 5 hours This sell-paced course has / hours or interactive sides and 2 hours of video libraries. The course will teach families how to embed of video libraries. The course will teach families how to embed strategies and supports into their everyday activities, provide described and supports into their families recommize and monitor velopmental growth charts to beln families. strategies and supports into their everyday activities, provide de-velopmental growth charts to help families recognize and monitor suspect autism. velopmental growth charts to help families recognize and monitor meaningful outcomes, and offer video libraries to illustrate how to

meaningriu outcomes, and offer video libraries to illustrate how to promote learning and development for young children with ASD. Autism Navigator How-To Guide for Families is comprised of 4

Guide Books and 2 Video Libraries:

Guide Book 1: Social Communication Milestones and How Autism Guide Book 2: Collaborating to Make Early Intervention Work for You

Guide Book 3: Getting Started with Early Intervention Right Away

Guide Book 4: Addressing Challenging Behaviors

Library of Change with Intervention

Library of Everyday Activities

The Guide Books range from one to two hours of content for a The Guide Books range from one to two nours or content for a total of 7 hours. We have developed the content to build across total of 7 hours. total of / hours. We have developed the content to build across chapters in each book and across books. But you can decide what chapters in each book and across books. But you can decide what chapters in each book and across books. chapters in each book and across books. But you can decide what order you want to go through the slides, video players, and sure you want to go through the slides, video players, and sure you want to go through the slides, video players, and sure you want to go through the slides, video players, and sure you want to go through the slides, video players, and sure you want to go through the slides, video players, and you want to go through the slides, video players, and you want to go through the slides, video players, and you want to go through the slides, video players, and you want to go through the slides, video players, and you want to go through the slides, video players, and you want to go through the slides, video players, and you want to go through the slides, video players, and you want to go through the slides, video players, and you want to go through the slides, video players, and you want to go through the slides, video players, and you want to go through the slides, video players, and you want to go through the slides, video players, and you want to go through the slides, video players, and you want to go through the slides, you want to go the your want t order you want to go through the slides, video players, and Guide
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This How To Guide for Families will also be instrumental for

This How-To Guide for Families will also be instrumental for early intervention providers to use with families they serve. It is learly intervention providers to use with families correct by providers designed as a companion course for families correct by providers. early intervention providers to use with families they serve. It is designed as a companion course for families served by providers For individual and group pricing information, email sales@autismnavigator.com or call 1-844-427.3431

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Directory available on www.AutismNavigator.com under Fam.

Resources to find professionals who have completed Aurism N

gator courses.

You can learn how to enroll in Autism Navigator cours How to Enroll in the Course

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AutismNavigator.com. Find Courses on the top men Autism Vavigator, com. Find Courses on the top men down to see descriptions of the courses we offer any down to see descriptions of the courses we ofter an How to Enroll. You will be asked where you live Flow to Enroll. You will be asked where you live states or regions have group rates or sponsored se states or regions have group rates or sponsored select Family Resources to learn about the free cr

our Seamless Path for Families.

Professionals with an annual subscription to Primary Care receive 20 seats in the Hr rrimary Lare receive 20 seats in the rillies, a value of \$625 per seat, to invite ? screen for autism who are ready to g dild's learning. Professionals with a

tism Navigator for Early Intervent usin ravigator for Early intervent receive 10 seats in the How To Gv families who they are providing

Families should ask their pri vention provider if they ar have any available seats fo purchase seats at www.A get started and their P seats available. Family tism Navigator prof link to www.Autis about each cours

It Takes a Team to Support Families

Autism Navigator courses and tools are designed to help support collaborative partnerships with the intervention system, community service providers, early care and learning, and families to improve chil Autism Navigator courses and tools are designed to help support collaborative partnerships with the window of opportunity. Go to www.AutismNavigator.com to learn more about our courses and families and compositions.

What You Will Learn from Autism Navigator® How-To Guide for Families

Guide Book 1: Social Communication Milestones and How Autism Impacts Development Communication milestones in infante and traddlers in 5 devalonmental domaine. Key social communication Milestones and How Autism Impacts

The Discontinuous Additional Communication Milestones in infants and toddlers in 5 developmental domains: Key social communication milestones in infants and toddlers in 5 developmental domains:

Janouage — how young children learn and make connections with the physical world and how things work to the physical world and how the physical world and ☐ Play — how young children learn and make connections with the physical world and how things work sentences, generative language, and conversation

☐ Play — how young children learn and make connections with the physical world and how things work sentences, generative language, and conversation

☐ Play — how young children learn and make connections with the physical world and how things work sentences, generative language, and conversation sentences, generative language, and conversation

Social Interaction — how young children learn to share enjoyment, interests, ideas, feelings, and experiences to compare the sentences of the sentences of the sentences and experiences to compare the sentences and the sentences are sentences are sentences and the sentences are sentences are sentences.

in a balanced, reciprocal exchange

Emotional Regulation — how young children experience emotions, learn to regulate or manage their emotion refocus attention based on their emotions

Self-Directed Learning — how young children make connections between object, space and people, and develop strategies and creative and flexible thinking

• How the early signs of autism unfold and impact development and learning in these 5 developmental domains

• Importance of early occurred and what are the 16 occurred that all children should have by 16 months • How the early signs of autism unfold and impact development and learning in these 5 developmental of the How to differentiate late bloomers from late talkers with nersisting language problems. • How to differentiate late bloomers from late talkers with persisting language problems

• Importance of preventing the secondary impact of autism on cognitive development and behavioral challenges and how to the secondary impact of autism on cognitive development and behavioral challenges and how to the secondary impact of autism on cognitive development and behavioral challenges and how to the secondary impact of autism on cognitive development and behavioral challenges and how to the secondary impact of autism on cognitive development and behavioral challenges and how to the secondary impact of autism on cognitive development and behavioral challenges and how to the secondary impact of autism on cognitive development and behavioral challenges and how to the secondary impact of autism on cognitive development and behavioral challenges and how to the secondary impact of autism on cognitive development and behavioral challenges and how to the secondary impact of autism on cognitive development and behavioral challenges and how to the secondary impact of autism on cognitive development and behavioral challenges and how to the secondary impact of autism on cognitive development and behavioral challenges and how to the secondary impact of autism of the secondary impact of autism

Guide Book 2: Collaborating to Make Early Intervention Work for You (1 hour)

The critical role of the family in detecting the early signs of autism

• The critical role of the family in detecting the early signs of autism
• Family perspectives on learning their child may have autism and the impact on the family when early signs are missed Concerns about labeling a child and having difficult conversations about autism

Professional perspectives on how to build consensus on the early signs and promote ongoing collaborations and how a family can set started in early intervention and find resources. Professional perspectives on how to build consensus on the early signs and promote ongoing collaborations what are early intervention services and how a family can get started in early intervention and find resources Guide Book 3: Getting Started with Early Intervention Right Away (2 hours)

• Why learning in everyday activities in the natural environment is so important to achieve the intensity needed for young children with AS.

How to create learning opportunities in everyday activities at home and in the community to give your child a home field advantage • Why learning in everyday activities in the natural environment is so important to achieve the intensity needed for young children with A in the components of active engagement to help you decide which targets are priority intervention outcomes for your child advantage How to create learning opportunities in everyday activities at home and in the community to give your child a home field adversacion outcomes for your child a home field adver • The components of active engagement to help you decide which targets are priority intervention outcomes for your child like a layer cake

• Evidence-based intervention supports you can use in everyday activities to promote active engagement that are organized into 3 layers Guide Book 4: Addressing Challenging Behaviors (2 hours) Why children with autism have challenging behaviors How do you figure out the function of challenging behaviors How a positive behavior support plan can help your child

Library of Change with Intervention (2 hours)

Library of Change with Intervention (2 hours) Library of Everyday Activities (3 hours)

• Library of 200 video clips of different families interacting with their toddlers with ASD in a variety of activities in each of the following

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Transitions





MY C	OURSES ENROLL IN A COURSE COURSE CATALOG COURSE AUTHORS CONTINUING EDUCATION HELP			
Autism Navigator How-To Guide for Families (Incomplete) * Change View * Exit				
Introduction to the Guide Books (Required)				
Questionnaire (Optional)				
▶ Guide Book 1: Social Communication Milestones and How Autism Impacts Development				
-	Guide Book 2: Collaborating to Make Early Intervention Work for You			
Guide Book 3: Getting Started with Early Intervention Right Away				
-	Introduction to the Libraries			
-	Library of Change with Early Intervention			
-	Library of Everyday Activities			

Autism Navigator® How-To Guide for Families Online Guided Tour — for Families of Toddlers & Preschoolers

The How-To Guide (H2G) Online Guided Tour is for families who suspect their toddler or preschooler has ASD to participate in 24 weekly hour-long online How-To Guide (H2G) Online Guided Tour is for families who suspect their toddler or preschooler has ASD to help you are invited to participate in 24 weekly hour-long online help you support your child's development and learning. The How-To Guide (H2G) Online Guided Tour is for families who suspect their toddler or preschooler has ASD to online Guided Tour is for families who suspect their toddler or preschooler has ASD to suspect their toddler or preschooler has ASD to have the h The H₂G Guided Tour is for families with young children up to 5 years old who are enrolled in the Autism Navigator wh help you support your child's development and learning. You are invited to participate in 24 were support your child's development and learning. You are invited to participate in 24 were support your child's development and learning. You are invited to participate in 24 were support your child's development and learning. You are invited to participate in 24 were support your child's development and learning. You are invited to participate in 24 were support your child's development and learning. You are invited to participate in 24 were support your child's development and learning. You are invited to participate in 24 were support your child's development and learning. You are invited to participate in 24 were support your child's development and learning. You are invited to you wherever you are guided to you wherever you are support your child's development and learning this Guided Tour to you wherever you are guided discussions over 6 months. We are bringing this guided to you wherever you are guided discussions over 6 months. The H₂G Guided Tour is for families with young children up to 5 years old who are enrolled in the Autism Navigator to 5 years old who are enrolled in the Autism Navigator to 5 years old who are enrolled in the Autism Navigator to 15 years old who are enrolled in the Autism Nav How To Guide for Families — a 12-hour, self-guided web-based course. A team of professionals will be your tour tour serves as a companion to the How To Guide for Families — a 12-hour, self-guided web-based course. A team of professionals will be your tour the How To Guide for Families will see how the early suit of Guide for Families web-based course — almost like a book club but more interactive. Families web-based course — almost like a book club but more interactive. Families web-based course — almost like a book club but more interactive. guide to walk you through each weekly online meeting. The H2G Guided Tour serves as a companion to the How-To H2G Guided Tour serves as a companion to the He early will see how the early served to the third to the

What will families get from H2G Guided Tour?

What will families get from H2G Guided Tour?

H2G Guided Tour is about connecting with other families, exchanging opportunity to meet other families with young how to support your child's learning and development. You will have an opportunity to meet other families with young how to support your child's learning and development. H2G Guided Tour is about connecting with other families, exchanging ideas and tips, and getting tools and training on meet other families with young how to support your child's learning and development. You will have an opportunity to meet other families with young how to support your child's learning and development. By using children, who also show early red flags of ASD. By using

What will families get from H2G Guided Tour? activities to support their child's learning.

now to support your child's learning and development. You will children, who also show early red flags of ASD. By using children, who also show early red flags of ASD. By using the children, who also show early red flags of ASD. By using the children with the chil children, who also show early red flags of ASD. By using video technology, it will feel like you are face-to-face with the insurance that the insu video technology, it will teel like you are tace-to-tace with other families as you go through this journey will lead other families as you go the view of the weekly discussions. other families as you go through this journey together.

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other families they meet in the Guided Tour, when families are equipped with the tools and training they need, they are are equipped with the tools and training they need. Wno can participate in m25 Guided Tour!

H2G Guided Tour is offered to one or two primary caregivers old or younger. Space is limited to members, and awardians — who have children 5 years old or younger. H₂G Guided Tour is offered to one or two primary caregivers per family—parents, grand Space is limited to two primary caregivers per family—parents, grand Space is limited to specific two primary caregivers per family—parents is limited to specific two primary caregivers per family—parents is limited to specific two primary caregivers per family—parents per family—paren are equipped with the tools and training they need, the better able to support their child's success in school. members, and guardians — who have children 5 years old or younger. Space is limited to group. Families need to be enrolled in Autism Navigator How-To Guide for Families need to be enrolled in Autism Navigator How-To Guide for Families need to be enrolled in Autism Navigator How-To Guided Tour and we ask that you participate as much as you can from start to find the Guided Tour and we ask that you participate as much as you can from start to find the Guided Tour and we ask that you participate as much as you can from start to find the Guided Tour and we ask that you participate as much as you can from start to find the Guided Tour and we ask that you participate as much as you can find the find th Who can participate in H2G Guided Tour?

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What are the Weekly Topics? What are the Weekly Topics?

Following are weekly topics for the H2G Guided Tour organized around content in the How-To Guide online course:

Week 3: Taking Care of the Family

Week 4: The Home Field Advantage—Supporting

Week 5: Active Engagement Step 1—Coming Together Week 6: Layer 1 Supports for a Shared Agenda with

Week 7: Active Engagement Step 2—Keeping Together Week 8: Layer 2 Supports for Reciprocity to Keep the

Week 9: Active Engagement Step 3—Working Together

Week 10: Layer 3 Supports to Teach Your Child Better Skills

Week 11: Recognizing Challenging Behaviors in Children with Autism Week 12: Role of Emotional Regulation in Challenging Behaviors?

Week 13: Interplay of AE, TS, and Challenging Behavior: Hone Your Observation Skills Week 14: Figure Out the Functions of Challenging Behaviors—Communication & ER Week 15: The Functional Assessment Process is as Week 16: How Can a Positive Behavior Support Plan

Week 17: Key Strategies and Supports for Children with ASD: Communication & ER Replacements Week 18: Key Strategies and Supports for Children with

Week 19: Intensity Needed to Achieve Meaningful

Week 20: Supporting Transitions Between Activities

Week 21: Going Out to Everyday Places—Parks, Restaurants, Outings, Doctors, and More

Week 22: Better Skills to Get Ready for Childcare and

Week 23: Meaningful Outcomes—Keeping an Eye on Progress

Week 24: Using the Tools that you Have: Celebrating Your Success and Looking Ahead It Takes a Team to Support Families

It Takes a Team to Support Families

Autism Navigator interactive online platform maximizes the use of technology to bring evidence-based practice at a critical window of opportunity. Go to www.AutismNavigator.com to learn more Autism Navigator interactive online platform maximizes the use of technology to bring evidence-based practice about our courses and family resources.

Output

Description:

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Introducing a new system of care to improve early detection and family access to care.

Learn About our Gallery

www.AutismNavigator.com









Did you know that children should use at least 16 gestures by 16 months?

LEARN MORE



Growth Charts

Learn the Milestones in our Guided Tour for Families of Children 6-24 Months





Resources

Documents and Websites. Download, Print, Share,

VIEW RESOURCES



How can you screen for a communication delay in a child who can't talk yet?

- Infants and toddlers can be screened for skills that develop before children learn to talk, such as gestures, sounds, and actions with objects used in play.
- The Smart Early Screening for Autism and Communication Disorders (Smart ESAC) is a new online screening tool designed as a universal screen based on parent report for children 9 to 30 months of age.
- You will view a brief video before screening that explains the Smart ESAC and our Parent Portal.

All families screened with the Smart ESAC will have access to your child's results and much more on our Parent Portal.

- Free access to the Social Communication Growth Charts.
- Screening reports & invitations to rescreen every 3-6 months.
- Links to resources in our Seamless Path for Families tailored to screening results.
- Monthly online check-ins to monitor next steps for your child.
- Invite your doctor or other service providers to view your portal to help build your care team to support you and your child.
- If your child's screening result shows a risk for autism, you will be invited to Autism Navigator courses and tools.



If your child is between 9 and 18 months, we invite you to participate in our research and have your child screened with the Smart ESAC.

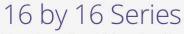
SCREEN MY CHILD











Did you know that children should use at least 16 gestures by 16 months?



Growth Charts

Learn the Milestones in our Guided Tour for Families of Children 6-24 Months





Resources

Documents and Websites. Download, Print, Share,

VIEW RESOURCES

LEARN MORE





Supporting Parents in the Most Important Role of Their Lives

Babies learn at an amazing rate. Learn the milestones that develop from 7 to 24 months.

Select your child's age.







How to Join



Buy Now



Explore hundreds of video clips and Chart your child's development for up to five children.

- The perfect tool. For families of infants and toddlers 9 to 24 months of age.
- Tool up. A new way to learn the early social communication milestones. Just click on an age and watch hundreds of video clips of children learning. Answer a few questions each month and chart your child's social communication growth.
- Tool around. Learn how to take ordinary everyday moments and make them count.



Two ways to get your membership FREE



- If your child is between 9 and 18 months old, you can participate in our research
- Answer questions online to screen your child for communication delay and autism with the Smart ESAC
- Receive a free membership to the Social Communication Growth Charts

Get Started >



- Ask your provider if they can screen your child with the Smart ESAC
- Receive a free membership to the Social Communication Growth Charts
- Let your provider know the Smart ESAC is available to providers who complete the Autism Navigator for Primary Care

Learn About Autism Naviagtor Courses >

The American Academy of Pediatrics recommends screening all children for communication delay and autism. FIRST WORDS® Project can help you screen your child.













16 by 16 Series

Did you know that children should use at least 16 gestures by 16 months?

LEARN MORE

Growth Charts

Learn the Milestones in our Guided Tour for Families of Children 6-24 Months

FIND OUT HOW

Resources

Documents and Websites. Download, Print, Share,

VIEW RESOURCES





About the SCGC Online Guided Tour

For families of infants and toddlers to learn about the milestones that matter most:

- An interactive online chat with other parents where a team of professionals will guide you through each meeting A companion series to the Social Communication Growth Charts
- Meet twice a month to discuss how babies learn and the milestones that matter most
- Connect with other families of young children, share information, ask questions, and hone your observation skills watching vidéos

Learn how to support your child's development using strategies that will help prepare them early for preschool and kindergarten.



LEARN MORE





Online Guided Tour

Milestones that Matter Most

The Social Communication Growth Charts (SCGC) Online Guided Tour is for families of infants and toddlers to learn about the milestones that matter most. Designed as a companion to the Social Communication Growth Charts, you are invited to join an interactive online chat with other parents where a team of professionals will guide you through each

meeting — twice a month — to discuss how babies learn and the milestones that matter most. Connect with other families of young children, share information, ask questions, and hone your observation skills watching videos. Learn how to support your child's development using strategies that will help prepare them early for preschool and kindergarten.

About the Social Communication ™ Growth Charts

The Social Communication Growth Charts is a powerful tool to help parents of infants and toddlers or anyone interested in young children to learn the critical milestones to launch language, learning, literacy, and much more by 24 months.

Each month, babies reach important new milestones — *the ones that matter most* are the ones they should reach before learning to talk. The most important learning begins with the interactions you share with your baby, taking turns and exchanging sounds, facial expressions, and gestures.





Explore the milestones — The <u>Explore</u> function lets you explore hundreds of video clips to learn the milestones in five domains of social communication development: language, play, social interaction, emotional regulation, and self-directed learning. Select one of the 5 domains and an age, every 2 months, from 7 to 24 months.

Each domain offers two developmental threads with side-by-side video players so you can see how milestones change and grow over time. Each Milestone video has a companion support video with commentary explaining how each parent or grandparent supports their child's learning in ordinary everyday moments, like bath time, diapering, feeding, dressing, and family chores.

Chart your child's social communication growth — The <u>Chart</u> function lets you chart your child's development after answering a series of questions. Then monitor which milestones they have reached, which are emerging, and which ones to look for in the coming weeks and months.

Everything you do and say matters. Especially during this critical period when your baby's brain is developing the most rapidly and is shaped by the experiences you provide. Catching communication and language delays early can prevent potential problems later with behavior, learning, reading, and social interaction.

Who can participate in the SCGC Guided Tour?

The SCGC Guided Tour is free for parents, grandparents, other family members, and guardians or caregivers who are caring for babies between 6 and 24 months of age. It is offered for three age groups:

- ☐ 6-12 months, Before Words
- ☐ 13-18 months, First Words
- ☐ 19-24 months, Word Burst

You can begin when your baby is 6 months or later, and move up to the next age group until your child's 2nd birthday.



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scgc.firstwordsproject.com

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Access Anywhere, Anytime

Explore, chart, and join the Guided Tour from your smartphone, tablet, or computer. It doesn't matter which platform you use, but good connectivity is important. We have a team on hand to provide technical support.

How to Enroll in the SCGC Guided Tour

Find out when the free Guided Tour series is offered and reserve your seat at FirstWordsProject.com/SCGC-Tour

Track Your Child's Growth and Celebrate Every Milestone Reached

Track 10 new milestones every 2 months in five developmental domains.



Language

Discover how babies go from sounds, to words, to sentences in the first two years. Babies learn to use gestures like giving, reaching, waving, showing, and pointing. They babble, play with sounds, and learn from what they hear around them. This growing collection of gestures and sounds propels first words. By their first birthday, babies can say 1-2 words. They learn 1 new word each week until 18 months, when most can say 10-20 words. Then, like magic, babies begin learning a new word a day. By 24 months, they can use 100-200 words, and put together simple sentences.



Play

Discover how babies learn and make connections with the physical world and how things work. Babies are natural explorers. First, they explore objects by mouthing, banging, and dropping, then by using functional actions like pushing, turning over, scooping, pouring, and stacking. Learning what they can do with objects leads to pretending, and that launches imagination.



Social Interaction

Discover how babies learn to share enjoyment, interests, ideas, feelings, and experiences to connect with others in back-and-forth exchanges. Babies learn to use gestures, sounds, eye gaze, and facial expressions to get your attention and let you know what they want and don't want, how they feel, and what they're interested in. They are eager to interact—to share their experiences and ideas and listen to yours.



Emotional Regulation

Discover how babies learn to focus and refocus their attention and regulate or manage their emotions. Babies share their happy moments and sad or frustrated feelings. Learning to use actions, facial expressions, gestures, and words are crucial to learning how to manage emotions, so they can stick with necessary activities, flow with unexpected situations, and stay engaged in learning. These social communication skills make it easier to work through moments of frustration all babies face.



Self-Directed Learning

Discover how babies are active learners, make connections from their experiences, and become creative thinkers. Babies learn to watch and imitate what others do and say, which is essential to learning new words and actions. The words they hear help build vocabulary and inspire interest in learning. Their ability to imitate sparks a vocabulary burst and, as word learning explodes, they use words and phrases to describe, inquire, and negotiate with others. It is this ability to talk, imagine, and create new ideas that launches their drive for lifelong learning, and sets the stage for school success.

Everything you do and say matters. Learn how you can encourage milestones that matter most. For more information about the *Social Communication Growth Charts*, visit www.FirstWordsProject.com.





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- 6-12 months, Before Words
- 13-18 months. First Words
- 19-24 months, Word Burst

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Access Anywhere, Anytime

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How to Enroll in the SCGC Guided Tour

Our free Guided Tour is offered twice a month for an hour.

It is easy to register:

- Find your child's Age Group
- See the options of Days and Times—listed in Eastern Time Zone
- Select Register to enroll in the time slot that works for you and reserve your seat



SCGC Guided Tour Schedule — Reserve Your Seat Now

Age Group	Week / Day	Time*	
6-12 Months - Before Words	1 st and 3 rd Wednesdays	10am to 11am	Register
6-12 Months - Before Words	2 nd and 4 th Tuesdays	2pm to 3pm	Register
13-18 Months - First Words	1 st and 3 rd Thursdays	12pm to 1pm	Register
13-18 Months - First Words	2 nd and 4 th Wednesdays	2pm to 3pm	Register
19-24 Months - Word Burst	1 st and 3 rd Wednesdays	12pm to 1pm	Register
19-24 Months - Word Burst	2 nd and 4 th Thursdays	2pm to 3pm	Register

^{*} Eastern Time Zone

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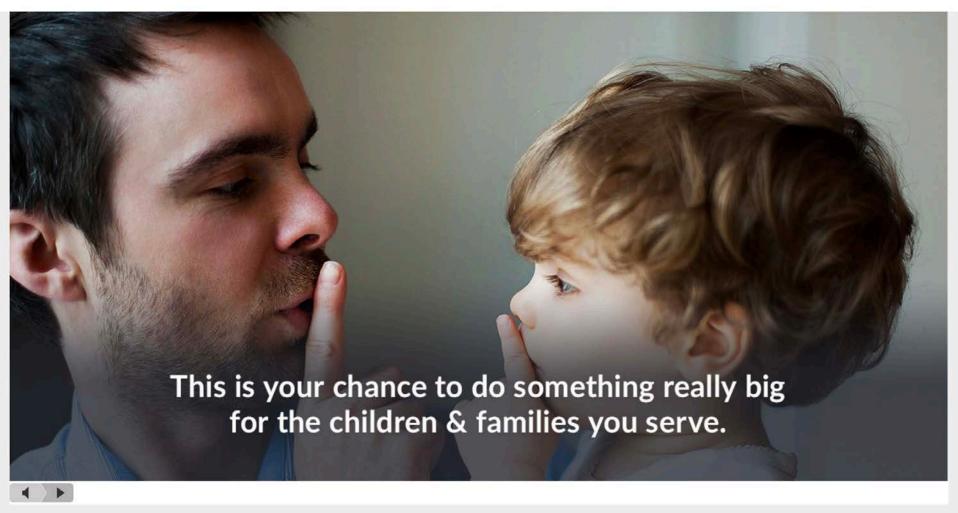
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