



# Advancing Behavioral Health in the Indian Health System

Interagency Autism  
Coordinating Committee  
January 17, 2018

# Overview of Today's Talk

- Provide an overview of the Indian Health Service System
- Discuss current behavioral health initiatives in the Indian health system to promote Native American health to the highest level
- Discuss the role and impact of telebehavioral health services to enhance service delivery



U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES

# INDIAN HEALTH SERVICE



## OVERVIEW

### MISSION

To raise the physical, mental, social, and spiritual health of American Indians and Alaska Natives to the highest level

### GOAL

To ensure that comprehensive, culturally acceptable personal and public health services are available and accessible to American Indian and Alaska Native people

### FOUNDATION

To uphold the Federal Government's obligation to promote healthy American Indian and Alaska Native people, communities, and cultures, and to honor and protect the inherent sovereign rights of Tribes

## LEGISLATION

- Snyder Act, P.L. 37-85 (1921)
- Transfer Act, P.L. 83-568 (1955)
- Indian Health Care Improvement Act (1976 & 2010)
- Indian Sanitation Facilities Act, P.L. 86-121 (1959)
- Indian Self-Determination & Education Assistance Act, P.L. 93-638 (1975)



## PRIORITIES

### PEOPLE



### PARTNERSHIPS



### QUALITY



### RESOURCES



# COMPREHENSIVE HEALTH SERVICE DELIVERY SYSTEM



2.2  
million

Number of American Indians and Alaska Natives eligible for services

567

Number of Federally recognized tribes served

12

Number of IHS Areas across the United States

## HOSPITALS



26 IHS  
22 Tribal

## HEALTH CENTERS



53 IHS  
289 Tribal

## ALASKA VILLAGE CLINICS



150 Tribal

## URBAN HEALTH CENTERS



34 IHS

## HEALTH STATIONS



30 IHS  
73 Tribal

## SCHOOL HEALTH CENTERS



4 IHS  
15 Tribal

# FY 2017 IHS Budget

- Discretionary Budget Authority - \$4.9 billion
- Special Diabetes Program for Indians - \$147 million

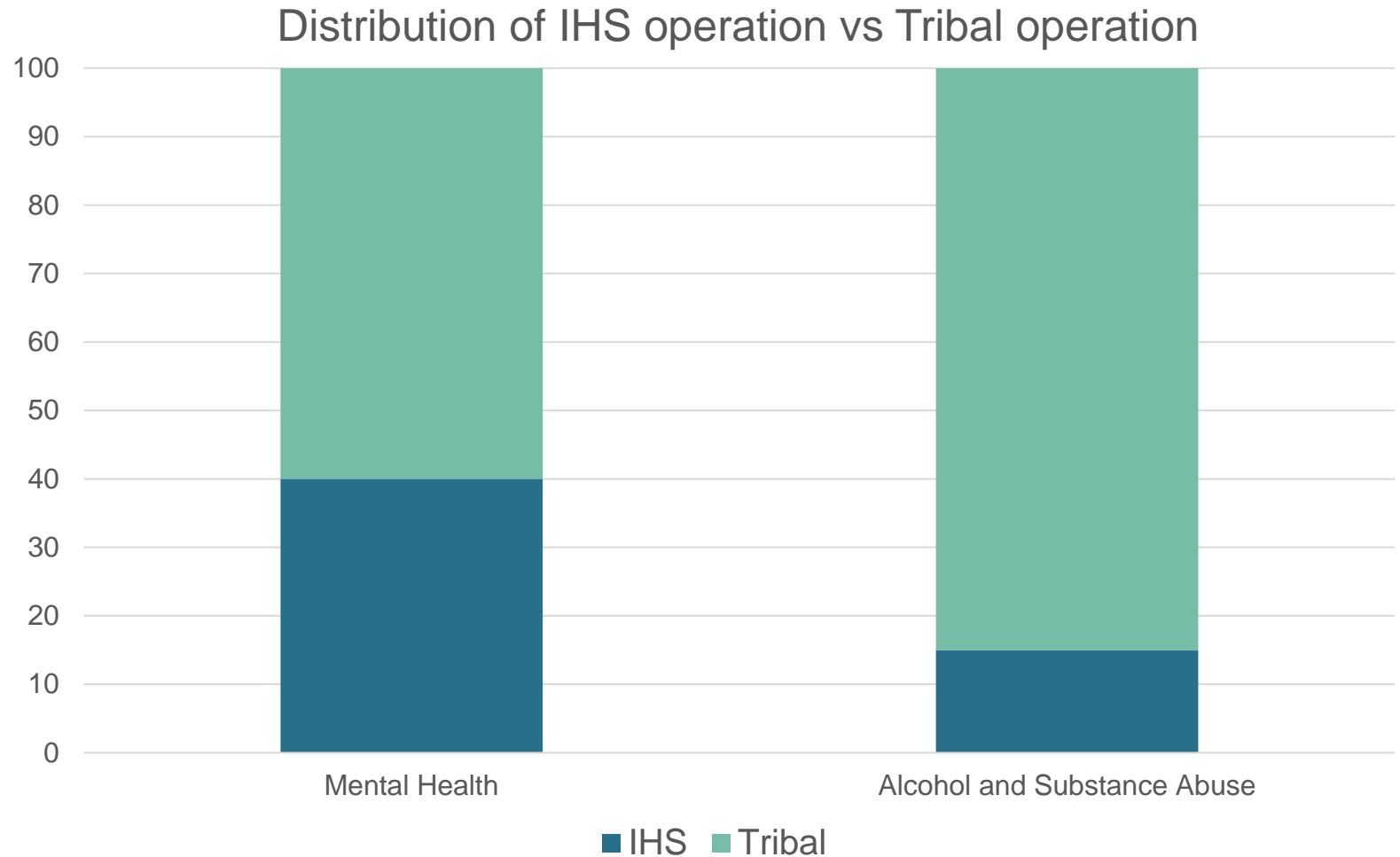
TOTAL = \$5.1 billion

# FY 2017 Behavioral Health (BH) Budget

- Alcohol and Substance Abuse - \$218,353,000
- Mental Health - \$94,080,000

TOTAL = \$312.4 million

# Tribal Management of BH Services



# Quick Look at Indian BH System

- Approximately 2000 IHS, tribal, and urban Indian mental health and alcohol & substance abuse personnel
- 500 mental health and alcohol & substance abuse programs across AI/AN communities
- 12 Youth Regional Treatment Centers in operation with 1 more Congressionally mandated and under construction planning



# Division of Behavioral Health (DBH) Major Functions

- Policy Development
- Program Planning
- Budget Formulation
- Support & Resources
- Special Initiatives
- Grant Funding

# IHS Area Behavioral Health Consultants

- Represent each of the 12 IHS Areas
- Advise DBH on the needs and activities of each IHS Area
- Provide information from Service Units



# Special Initiatives

- Trauma Informed Care
  - Family Spirit
  - Pediatric Integrated Care Collaborative
- Youth Focus
  - Generation Indigenous (Gen-I)
  - Children & Mental Health Services in Schools
  - Boys & Girls Clubs of America – Native Services

# Boys & Girls Clubs of America – Native Services MOU

- Focuses on preventing behavioral health disparities among Native children and youth
- 11 BGCA funded through IHS



# BH Grant Programs

- Substance Abuse and Suicide Prevention
- Domestic Violence Prevention
- Behavioral Health Integration Initiative
- Zero Suicide Initiative
- Urban Indian Health Education & Outreach
- Preventing Alcohol-Related Deaths
- Youth Regional Treatment Center Aftercare

# Substance Abuse and Suicide Prevention (SASP)

- Established in 2009 as the Methamphetamine and Suicide Prevention Initiative (MSPI)
- Total of 175 total projects at \$27.9 million
- Funding cycle runs from Sep 2015- Sep 2020

# SASP Purpose Areas

- Purpose Area 1:
  - Community and Organizational Needs Assessment and Strategic Planning
- Purpose Area 2:
  - Suicide Prevention, Intervention, and Postvention
- Purpose Area 3:
  - Substance Abuse Prevention, Treatment, and Aftercare
- Purpose Area 4:
  - Generation Indigenous Initiative (Gen-I) Support

# Domestic Violence Prevention (DVP)

- Established in 2010 as the Domestic Violence Prevention Initiative (DVPI)
- Total of 83 projects at \$11.2 million
- Five-year funding cycle from Sep 2015-Sep 2020



# DVP Purpose Areas

- Purpose Area 1: Domestic and Sexual Violence Prevention, Advocacy, and Coordinated Community Responses
- Purpose Area 2: Forensic Healthcare Services

# Behavioral Health Integration Initiative (BH2I)

- \$6M for 12 awards at \$500,000/year for 3 years
- Funding cycle: Sep 2017 – Sep 2020
- Focuses on integrating behavioral health with primary care

# Zero Suicide Initiative

- Aims to reduce the risk of suicide for all individuals seen in health care systems
- Began with ten pilot sites in Dec 2015
- Funded 8 sites to implement Zero Suicide
- \$400,000/year for 3 years
- Funding cycle Nov 2017 – Nov 2020

# BH Grant Programs

- **Urban Indian Health Education & Outreach:**
  - \$75,000 to National Council on Urban Indian Health
  - Focuses on increasing the national awareness and visibility of behavioral health in urban Indian communities
- **Preventing Alcohol Related Deaths**
  - 2 awards
    - Oglala Sioux Tribe - \$500k
    - Navajo \$1.5M
  - Project started Sep 30, 2017
  - Focuses on providing social detoxification services for alcohol
- **Youth Regional Treatment Center Aftercare:**
  - \$1.6M for 2 awards
    - 1 IHS YRTC
    - 1 Tribal YRTC

# TeleBehavioral Health Center of Excellence (TBHCE)

- Provides Tele-Education and Telehealth Technical Assistance to all 12 IHS Areas, including IHS, Tribal, and Urban providers.
- Provides Telebehavioral Health services in 9 IHS Areas.
- Intra-Area Agreements with 8 IHS Areas that allow for telebehavioral health services throughout those Areas.

# TeleBehavioral Health Sites



# FY2017 TeleBehavioral Health Service Summary

- Services Provided
  - 8,101 patients seen
  - 4,051 hours of service
  - 24 IHS, Tribal, and Urban Sites
- Service Types
  - Child 31%
  - Counseling 30%
  - Addiction 21%
  - Adult 18%

# FY2017 Tele-Education Summary

- 118 educational webinars
- 8,924.5 hours of training provided
- 4,336 Continuing Education hours claimed
- 4,440 Support tickets closed
- 42 webinars hosted for others
- 3 conference streaming provided
- 26 Trauma Informed Care webinars
- 10 IHS Clinical Rounds
- Launched On-Demand version of Essential Training on Pain & Addiction



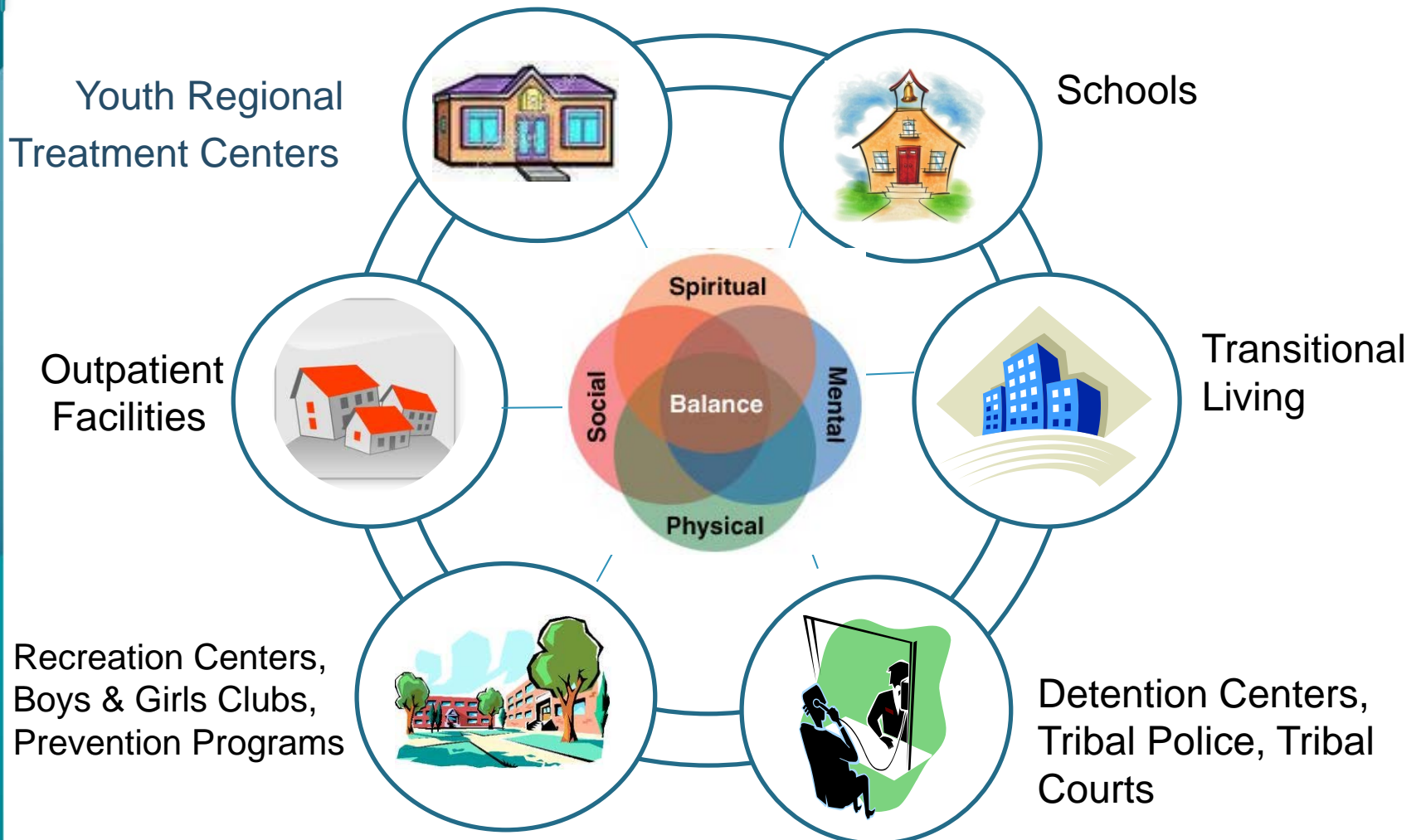
# Indian Children's Program (ICP)

- TBHCE provides education, training, and consultation on issues affecting American Indian/Alaska Native (AI/AN) youth such as:
  - Autism
  - Fetal Alcohol Spectrum Disorders (FASD)
  - ICP Pediatric Neuropsychology Consultation

# TBHCE Pediatric Consultation Clinic

- A free provider-to-provider consultation clinic for issues such as:
  - FASD (Fetal Alcohol Spectrum Disorder)
  - ASD (Autism Spectrum Disorder)
  - ADHD (Attention Deficit/Hyperactivity Disorder)
  - Intellectual Disability
  - Learning Disorders
  - TBI (Traumatic Brain Injury)
  - General cognitive disorders
  - General behavioral problems
  - Language Disorders
  - Genetic Disorders
  - Medication management
  - \*If you would like more information about the Pediatric Consultation Clinic, it can be found here (<https://www.ihs.gov/telebehavioral/icp/icpfaqs/>). If you would like to request a consultation, please go here (<https://www.surveymonkey.com/r/3RTJYZF>) . The clinic is open to all I/T/U providers.

# Achieving the IHS Mission



**Figure 1: Coordination Model**, Adapted from materials developed by the Office of Inspector General

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