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<tr>
<td><strong>Joshua Gordon</strong></td>
<td>Funded by NIMH and NICHD; highlighted in NIMH and NIH press releases, as well as Dr. Collins’ blog:</td>
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<tr>
<td><strong>Walter Koroshetz</strong> <strong>Jennifer Johnson</strong> <strong>Geraldine Dawson</strong></td>
<td>Using magnetic resonance imaging (MRI) in infants with older siblings with autism, researchers from around the country were able to correctly predict 80 percent of those infants who would later meet criteria for autism at two years of age.</td>
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<td>In this prospective neuroimaging study of 106 infants at high familial risk of ASD and 42 low-risk infants, we show that hyperexpansion of the cortical surface area between 6 and 12 months of age precedes brain volume overgrowth observed between 12 and 24 months in 15 high-risk infants who were diagnosed with autism at 24 months. Brain volume overgrowth was linked to the emergence and severity of autistic social deficits. A deep-learning algorithm that primarily uses surface area information from magnetic resonance imaging of the brain of 6-12-month-old individuals predicted the diagnosis of autism in individual high-risk children at 24 months (with a positive predictive value of 81% and a sensitivity of 88%). These findings demonstrate that early brain changes occur during the period in which autistic behaviours are first emerging.</td>
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This study explored the timing and characteristics of the relationship between brain enlargement and ASD symptoms. Infants at high (n=106) or low (n=42) familial risk for ASD underwent neuroimaging examination at 6, 12, and 24 months. Analyses revealed that early increased expansion of cortical surface area preceded subsequent volume overgrowth in 15 high risk infants diagnosed with autism at 24 months. The enlarged brain volume was associated with onset and severity of autism-related social deficits. Moreover, an algorithm based on MRI surface area measurements could predict ASD diagnosis at 24 months among the high-risk sample (81% PPV and 88% sensitivity). These findings point to a role in early post-natal overexpansion of cortical surface area in the development of ASD and provide proof of principle for the utility of a prodromal brain biomarker for ASD.

**Geraldine Dawson**


This systematic review suggests that individuals with autism spectrum conditions display typical sex/gender differences in core autism spectrum condition traits, suggesting that diagnostic criteria based on these symptoms should take into account typical sex/gender differences.

**Joshua Gordon**


This study uses data from 260 infants at 6 and 12 months of age, including 116 infants with longitudinal data. Diffusion data was used to obtain measures of the length and strength of connections between brain regions to compute network efficiency. Group differences were assessed in efficiency within linear mixed-effects models determined by the Akaike information criterion. Inefficiencies in high-risk infants later classified with ASD were detected from 6 months onward in regions involved in low-level sensory processing. In addition, within the high-risk infants, these inefficiencies predicted 24-month symptom severity. These results suggest that infants with ASD, even before 6 months of age, have deficits in connectivity related to low-level processing, which contribute to a developmental cascade affecting brain organization and eventually higher-level cognitive processes and social behavior.

**Geraldine Dawson**


This study of 1,081 individuals did not find evidence that SPCD is qualitatively distinct from ASD. Rather, it appears to lie on the borderlands...
of the autism spectrum, describing those with autistic traits that fall just below the threshold for an ASD diagnosis. SPCD may have clinical utility for identifying people with autistic traits that are insufficiently severe for ASD diagnosis, but who nevertheless require support.

**Joshua Gordon**


Longitudinal diffusion tensor imaging data were collected from 217 infants at high familial risk for ASD. Forty-four of these infants were diagnosed with ASD at age 2. Targeted cortical, cerebellar, and striatal white matter pathways were defined and measured at ages 6, 12, and 24 months. Dependent variables included the Repetitive Behavior Scale-Revised and the Sensory Experiences Questionnaire. Findings suggest that restricted and repetitive behaviors contributing to a diagnosis of ASD at age 2 years are associated with structural properties of callosal and cerebellar white matter pathways measured during infancy and toddlerhood. They further identified that repetitive behaviors and unusual sensory response patterns co-occur and share common brain-behavior relationships.

These brain-behavior relationships were remarkably specific, suggesting a possible neurobiological mechanism wherein atypical neural development in infancy precedes the emergence of core autistic features within the domain of restricted and repetitive behaviors. Identifying pre-symptomatic markers of later behavior in ASD also affords the possibility of developing enhanced approaches to screening and preventative interventions.

**Question 2 (Underlying Biology)**

**Joshua Gordon**


In the attached paper, the authors report that variation in viewing of social scenes, including levels of preferential attention and the timing, direction and targeting of individual eye movements, is strongly influenced by genetic factors, with effects directly traceable to the active seeking of social information. In a series of eye-tracking experiments conducted with 338 toddlers, including 166 epidemiologically ascertained twins (enrolled by representative sampling from the general population), 88 non-twins with autism and 84 singleton controls, we find high monozygotic twin–twin concordance (0.91) and relatively low dizygotic concordance (0.35). Moreover, the characteristics that are the most highly heritable, preferential attention to eye and mouth regions of the face, are also those that are differentially decreased in children with autism ($\chi^2 = 64.03, P < 0.0001$). These results implicate social visual engagement as a
neurodevelopmental endophenotype not only for autism, but also for population-wide variation in social-information seeking.

**Walter Koroshetz**


This study explored sex differences in ASD that may be related to normative differences in brain structure phenotype. The authors conducted MRI scans on high-functioning ASD adults (n=98) and matched neurotypical control adults (n=98) 18-42 years of age, and developed predictive models of biological sex based on cortical thickness. Analyses of the neuroanatomical diversity and patterns revealed that more male-typical patterns of brain anatomy among biological females led to three-fold increase in risk for ASD as compared to biological females with a more female characteristic brain phenotype. In addition, the patterns of regional neuroanatomical variability and their correlations with low or high ASD risk were sex specific, and were observed in regions that have been linked to core ASD behavioral deficits. This paper sheds light on potential neurobiological mechanisms that may underpin sex differences in ASD and points to the need for consideration of brain structure phenotype when assessing ASD risk.

**Joshua Gordon**


This study suggests that Childhood Disintegrative Disorder (CDD), a rare form of ASD characterized by late-onset, severe regression, is biologically distinct from other forms of autism. CDD candidate genes were found to be more highly expressed in non-neocortical regions than neocortical regions. This expression profile was similar to that of an independent cohort of ASD probands with regression. The non-neocortical regions overlapped with those identified by fMRI as abnormally hyperactive in response to viewing faces, such as the thalamus, cerebellum, caudate, and hippocampus. Eye-tracking analysis showed that, among individuals with ASD, subjects with CDD focused on eyes the most when shown pictures of faces. These results suggest differences between CDD and other forms of ASD on the neurobiological as well as clinical level.

**Walter Koroshetz**

Heterogeneity in ASD, and small sample sizes in previous studies, have led to inconclusive evidence on a potential role of cortical thickness abnormalities in autism. This current study used a subset of data from the Autism Brain Imaging Data Exchange (ABIDE) data set to determine age-specific differences in cortical thickness in ASD and its relation to symptom severity. The study included 560 male subjects (266 ASD and 294 controls; age = 6-35 years) and computed cortical thickness measurements using the CIVET process followed by stringent multi-reviewer quality control procedures. Data were analyzed for age-related abnormalities and explored for association with symptom severity based on ADOS scores. The data showed significantly increased cortical thickness between ages 6 and 14; the effect was more pronounced in the left hemisphere. There was also a significant positive correlation between residual cortical thickness and severity scores for social affect and communication symptoms. This study used a robust data set to explore an unanswered question regarding brain structure abnormalities in autism. Longitudinal studies across the life span are needed to further explore the relationship between brain structure and development in ASD.

Joshua Gordon


Among the 3,166,542 children (1,547,266 females and 1,619,174 males; mean [SD] age, 11.2 [4.7] years) in the study, the prevalence of ASD was 1.96% (95% CI, 1.94%-1.98%) among males and 0.50% (95% CI, 0.49%-0.51%) among females. When a male was associated with risk in the family, ASD was diagnosed in 4.2% (95% CI, 3.8%-4.7%) of female siblings and 12.9% (95% CI, 12.2%-13.6%) of male siblings. When a female was associated with risk in the family, ASD was diagnosed in 7.6% (95% CI, 6.5%-8.9%) of female siblings and 16.7% (95% CI, 15.2%-18.4%) of male siblings. These findings are in agreement with the higher rates of ASD observed among males than among females in the general population. The study provides more specific guidance for the screening and counseling of families and may help inform future investigations into the environmental and genetic factors that confer risk of ASD.

Walter Koroshetz


Approximately 50% of males with Fragile X Syndrome (FXS) are diagnosed with autism. Loss of functional FMRP, which causes FXS, leads to abnormal intracellular signaling and altered synthesis of synaptic proteins. This study identified and manipulated a pathway by which these changes occur that involves type 1 adenylyl cyclase (ADCY1) mRNA and protein synthesis pathways. In Fmr1 mutant mice, genetic reduction of ADCY1 protein
normalized the aberrant signaling cascades that are mediated by ERK1/2 and PI3K, and attenuated autism-related repetitive and social behaviors and audiogenic seizures. Peripheral administration of an experimental compound that suppresses ADCY1 activity also reduced the behavioral deficiencies in the Fmr1 mutant mice. Gq-coupled muscarinic acetylcholine receptors are also upregulated in Fmr1 mutant mice and implicated in the ERK1/2 and PI3K signaling cascades, and thus may represent a novel target for pharmacological intervention in ASD.

**Question 3 (Risk Factors)**

**Linda Birnbaum**


Advance: Studies of environmental risk factors for autism are hampered by the difficulty in assessing exposures and their timing during etiologically relevant periods of early development, which occur years before diagnosis. The authors address this challenge and demonstrate the utility of tooth matrix exposure biomarkers for identifying different temporal patterns of uptake of essential and toxic metals in ASD cases and controls.

Summary: This study used teeth collected from twins that either were concordant or discordant for ASD diagnosis, and examined levels of both essential and toxic metals in precise layers of dentine from shed deciduous teeth (baby teeth) during prenatal and early postnatal periods. Levels of lead were elevated in ASD cases, particularly in the early postnatal period (5-20 weeks post-birth). Levels of the essential metals manganese and zinc also differed in ASD cases vs. controls. Manganese levels were lower in ASD cases during two time frames, one prenatally (10 weeks prior to birth) and the other during an early postnatal phase (5-20 weeks after birth). Zinc levels, meanwhile, were only lower during a latter prenatal to early postnatal phase (10 weeks prior to birth until 5 weeks after). Furthermore, metal levels at three months after birth were predictive of severity of ASD later in life. This study is an important advance for identifying biomarkers of exposure to environmental risk factors during critical windows of development and supports the idea that ASD may be associated with altered regulation of essential and toxic metals.

**Joshua Gordon**

The current study sought out to deepen our understanding of genetic risk for Neurodevelopmental disorders (NDD). The research focused on identifying novel, previously less studied missense mutations associated with NDD. Using a genome wide approach, utilizing publicly available large sample sequencing data, the research team has identified 200 genes with significant clustering of novel patient specific, protein coding missense mutations. Further analysis of the identified hotspot genes showed enrichment for synaptic signaling, and chromatin mediated regulation of transcription pathways both previously implicated in ASD and other psychiatric disorders. The current findings are a significant step forward in the complex process of identification and refinement of potential functional genetic targets that can lead to better understanding of disease etiology, course, outcome and possible personalized targeted treatment development.

**Linda Birnbaum**


**Advance:** This study demonstrates that environmental exposures can have effects across multiple generations. As we seek to understand autism risk and etiology, it is important to consider how we will study and measure these exposures across generations.

**Summary:** This study used data from the Avon Longitudinal Study of Parents and Children, a long-running population-based British study of how environment and genotype affect health outcomes. Parents of children enrolled in this study were asked about their parents’ smoking habits—whether they ever smoked and if mothers smoked during pregnancy. The relationship between grandparental smoking and social and communication traits predictive of autism were studied. Granddaughters of maternal grandmothers who smoked had increased odds of adverse scores in social communication and repetitive behaviors. Smoking by maternal grandmothers was also associated with autism diagnosis, particularly in grandsons (this might be in part related to the sex bias in diagnosis; there were only 212 diagnosed cases and 4 males for every female diagnosed).

**Linda Birnbaum**


**Advance:** While there is general agreement that both genes and environment contribute to risk of ASD, understanding their joint effects has been difficult, as it requires collection of detailed genetic and environmental data for the same group of individuals and appropriate gxe analytic approaches. The present study brought together these essential ingredients to demonstrate, for the first time, an interaction of global copy number variation (cnv) and ozone exposure in determining autism risk. The findings
underscore the importance of considering how such interactions contribute to the risk architecture of ASD as well as the mechanisms by which genomics and environmental exposures may amplify the risks associated with the other.

**Summary:** Using a sample of 158 ASD cases and 147 typically developing controls from the NIEHS-funded Childhood Risk from Genes and Environment (CHARGE) study, this publication examines the interaction between global CNV burden and air pollution—specifically ozone. The authors report that children with high CNV burden (duplications) and high ozone exposure were at significantly greater risk for autism than those with low CNV burden and low ozone exposure, and that the risk would not have been found if these factors were studied independently. This interaction of ozone and global CNV burden was specific to autism, as there was no interaction observed with other components of air pollution (i.e., particulate matter). It is speculated that the high levels of CNVs and ozone, an oxidizing agent, may converge on oxidative and cellular stress pathways to potentiate ASD risk.

**Geraldine Dawson**


Data from this study of mice suggest that defined gut commensal bacteria with a propensity to induce TH17 cells may increase the risk of neurodevelopmental disorders in the offspring of pregnant mothers undergoing immune system activation owing to infections or autoinflammatory syndromes.

**Joshua Gordon**


Recent research has uncovered an important role for de novo variation in neurodevelopmental disorders. Using aggregated data from 9,246 families with autism spectrum disorder, intellectual disability, or developmental delay, the authors found that ~1/3 of de novo variants are independently present as standing variation in the Exome Aggregation Consortium’s cohort of 60,706 adults, and these de novo variants do not contribute to neurodevelopmental risk. They further used a loss-of-function (LoF)-intolerance metric, pLI, to identify a subset of LoF-intolerant genes containing the observed signal of associated de novo protein-truncating variants (PTVs) in neurodevelopmental disorders. LoF-intolerant genes also carry a modest excess of inherited PTVs, although the strongest de novo–affected genes contribute little to this excess, thus suggesting that the excess of inherited risk resides in lower-penetrant genes. These findings
illustrate the importance of population-based reference cohorts for the interpretation of candidate pathogenic variants, even for analyses of complex diseases and de novo variation.

**Joshua Gordon**


About 8 percent of de novo, or non-inherited, mutations in people with autism appear in only some of the body’s cells, according to an analysis of sequences from nearly 20,000 people. These mutations arise after conception; the later they occur, the fewer cells they affect. Previous studies missed the vast majority of these so-called ‘mosaic mutations.’ The analyses also showed that the mutations in the subjects with ASD occur disproportionately in genes expressed in the amygdala, which plays an important role in emotional and social functioning.

**David Amaral**


This article addresses the issue of whether an ongoing inflammatory process contributes to the symptoms of ASD. The conclusion is that there is no evidence of an inflammatory process. There are also interesting data that cytokine and chemokine levels are very different in peripheral blood and CSF.

**Joshua Gordon**


To further understanding of the genetic etiology of autism, genome sequence data from 516 idiopathic autism families (2,064 individuals) was generated and analyzed. This resource includes >59 million single-nucleotide variants (SNVs) and 9,212 private copy number variants (CNVs), of which 133,992 and 88 are de novo mutations (DNMs), respectively. Comparing probands and unaffected siblings, we observe several DNM trends. Probands carry more gene-disruptive CNVs and SNVs, resulting in severe missense mutations and mapping to predicted fetal brain promoters and embryonic stem cell enhancers. These differences become more pronounced for autism genes ($p = 1.8 \times 10^{-3}$, OR = 2.2). Patients are more likely to carry multiple coding and noncoding DNMs in different genes, which are enriched for expression in striatal neurons ($p = 3 \times 10^{-3}$),
suggesting a path forward for genetically characterizing more complex cases of autism.

**Geraldine Dawson**


Previous studies have examined if maternal antidepressant medication during pregnancy increase the risk of autism spectrum disorder (ASD) in the offspring, but the results have been conflicting. In a population-based cohort of 179 007 children born in 2006 and 2007 and followed through 2014 when aged 7 and 8, we estimated relative risks (RRs) of ASD and 95% confidence intervals (CIs) from Cox regression in children exposed to any antidepressant medication during pregnancy, and nine specific antidepressant drugs. Medication with antidepressants during pregnancy does not appear to be causally associated with an increased risk of ASD in the offspring. Instead, the results suggest that the association is explained by factors related to the underlying susceptibility to psychiatric disorders. Based on these findings, the risk of ASD in the offspring should not be a consideration to withhold treatment with commonly used antidepressant drugs from pregnant women.

**Geraldine Dawson**

Alison Singer


Using a novel approach called the polygenic transmission disequilibrium test and data from 6,454 families with a child with ASD, this study shows that polygenic risk for ASD, schizophrenia, and greater educational attainment is over-transmitted to children with ASD. These findings hold independent of proband IQ. It is found that polygenic variation contributes additively to risk in ASD cases who carry a strongly acting de novo variant. Lastly, the study shows that elements of polygenic risk are independent and differ in their relationship with phenotype. These results confirm that the genetic influences on ASD are additive and suggest that they create risk through at least partially distinct etiologic pathways.

First, common polygenic risk -- the tiny little effects of common genetic variation spread throughout the genome -- appear relevant, and almost equally so, to all groups examined. Regardless of whether the cases had intellectual disability or not, were male or female, or carried a large impact de novo mutation, common polygenic risk was a significant contributor. Second, evidence was presented showing that genetic risk for ASD comes in many different flavors. The very large impact de novo variants that create risk for ASD, for example, are strongly associated with intellectual disability,
epilepsy, and motor delays. The common variant risk factors are comparatively neurologically gentle. They don’t show those associations. In fact, common polygenic risk for ASD is associated with higher IQ in general population samples.

Geraldine Dawson


This is a report of sequencing of 5,205 samples from families with ASD, accompanied by clinical information, creating a database accessible on a cloud platform and through a controlled-access internet portal. The research team identified 18 new candidate ASD-risk genes.

Question 4 (Treatments and Interventions)

Alison Singer


Another randomized clinical trial – multisite no less – shows the effectiveness of targeting very early behaviors for the treatment of autism.

Larry Wexler


Corbett and colleagues examined the impact of peer-mediated, theatre-based intervention on reducing anxiety and stress. Thirty youth with autism spectrum disorder (ASD) (ages 8-14) participated in the study. Seventeen youth were randomized into the experimental (EXP) group. Sixteen participants were randomized into the waitlist (WLC) control group. The EXP group received interventions during a 10-week period. The WLC group received interventions during a 10-week summer session after the EXP group had completed their trial. Results indicated a reduction in trait-anxiety and an overall increase in social competence for the EXP group.
Recommendations include continued studies in this area with the incorporation of physiological and self-report metrics of stress or anxiety and the use of other anxiety reduction techniques. Students with ASD often exhibit greater anxiety in comparison to typically developing peers. This study provides an innovative approach to identify strategies that support children with ASD in reducing anxiety.

**Geraldine Dawson**


This study is the first to show that an early parent-mediated intervention delivered to high risk infants before onset of ASD has the potential to impact the brain systems underpinning social attention in infants at familial risk for ASD. Compared to infants who only received assessment and monitoring, infants who received the intervention showed improvements in neurocognitive metrics of social attention, as reflected in a greater reduction in habituation times to face versus object stimuli between 6 and 12 months, maintained at 18 months; a greater increase in frontal EEG theta power between 6 and 12 months; and a more comparable P400 response to faces and objects at 12 and 18 months.

**Joshua Gordon**


This study aimed to describe rates of antipsychotic medication use and the association between their use and demographics, clinical variables, and the use of behavioral/education services among children with ASD. For children with ASD ages 2–11 (n = 4749) and those 12–17 (n = 401), 5.4 and 17.7% were prescribed at least one atypical antipsychotic medication (aripiprazole, risperidone, olanzapine, quetiapine, and ziprasidone) respectively. In young children, older age, use of multiple psychotropic medications, prior ASD diagnosis, non-white Hispanic race/ethnicity, and oppositional defiant problems were associated with antipsychotic use. Among older children, only older age was associated with antipsychotic use. In at least one age group, antipsychotic medication use was also related to behaviour, family and occupational therapy, public insurance, site region, externalizing problems, body mass index, and sleep and gastrointestinal problems. Young children with ASD prescribed atypical antipsychotic medication were more likely to experience feeling tired, but had fewer problems with sleep onset delay and falling asleep in the car. Older children were more likely to experience gastrointestinal problems. Across both age groups, children were also more often overweight or obese compared to children who were not prescribed this medication.
**Geraldine Dawson**


A systematic review of nutritional and dietary interventions for autism. It was concluded that there is little evidence to support the use of nutritional supplements or dietary therapies for children with ASD. Note that there is an accompany editorial, which I am not nominating as an advance but might be of interest to the committee: [https://www.ncbi.nlm.nih.gov/pubmed/28562291](https://www.ncbi.nlm.nih.gov/pubmed/28562291)

**Larry Wexler**


Using an effectiveness-implementation hybrid design in tandem with the Joint Attention, Symbolic Play, Engagement, and Regulation model (JASPER), Shire and colleagues tested 113 children enrolled in local public early intervention classrooms in low SES settings. Shire and colleagues addressed the practicability of supervised teacher assistant (TA)-implemented JASPER within an early intervention program and the influence of intervention on children’s core developmental challenges concerning JASPER related skills. Results indicated fidelity of implementation by paraprofessionals and notable increases in engagement between children and paraprofessionals. Students receiving JASPER interventions demonstrated gains in joint engagement, joint attention, and play skills. Recommendations include formal evaluation of supervisor’s TA coaching, adding additional measures to more fully understand clinical significance of staff questionnaire scores, and extension of intervention analysis. This study is consequential because paraprofessionals are often assigned to work with children with ASD. This study shows how to support paraprofessionals in implementing an intervention with fidelity.

**Larry Wexler**


Strain described a 4-year follow-up study from the Learning Experiences and Alternative Program for Preschoolers and their Parents (LEAP) randomized trial. In the previous randomized study trial, moderate to large effect size differences were evident for students receiving the complete LEAP inclusion model. Due to such promising outcomes, Strain and colleagues received funding for the 4-year follow-up study. In this study, Strain outlined four a-priori questions: What is the stability of classroom placement across 4 years (K-3)? What is driving initial kindergarten placement decisions? How did classroom quality vary across settings? What do children in the LEAP Randomized Control Trial (RCT) look like 4 years away from intervention? Initial decisions about placement seemed to be made according to
preestablished district perceptions of students with autism, not based on individual student need. Statistically significant differences were observed, with students in inclusive settings performing better than those in segregated settings. Recommendations include program replication and further longitudinal studies. This article is noteworthy because it shows that a decision about a child’s placement (which appeared to be based more on district policy then a child’s individualized need) can significantly impact their developmental trajectory and their academic success.

**Geraldine Dawson**


A systematic review of interventions targeting sensory challenges in autism. It was concluded that some interventions may yield modest short-term (<6 months) improvements in sensory- and ASD symptom severity-related outcomes; the evidence base is small, and the durability of the effects is unclear. Although some therapies may hold promise, substantial needs exist for continuing improvements in methodologic rigor.

**Question 5 (Services)**

**David Mandell**  
**Joshua Gordon**


This study comprises the most rigorous study to date of the effects of states’ autism insurance mandates on service use and spending among children with autism. The study finds that mandates result in substantial increases in spending on autism-specific services, although the effect is not apparent until two years after the mandates are passed. A notable finding is that the effect is concentrated among younger children and dissipates among adolescents, suggesting the need for additional strategies to improve service access and use among older children with autism.

The following study supported by NIMH funding addressed an important policy-relevant question of the extent to which state-issued insurance mandates to cover services for children and families with autism, have had a measurable impact on family use of additional medical service to treat ASD. The study utilized a very extensive database of medical claims data from 2008-12 from 3 nationwide medical insurers which resulted in a final sample of 106,977 individuals and 3.7 million person-months. The results will have significant impact for the autism community because the findings show that autism insurance mandates were associated with large increases in both the likelihood of using health care services and average spending on these services for children with autism. The effects of insurance mandates were significant, showing that children with ASD covered by mandates were 3.4 percentage points more likely to use ASD-specific services in a month; and that mandates raised spending on ASD-
specific services by an estimated annual average of $924 ($77 per month multiplied by 12 months).

**Larry Wexler**


Caron and colleagues reviewed studies, within a ten-year period, related to Early Intensive Behavior Interventions (EIBI). These interventions were provided to children with autism spectrum disorders (ASD). Researchers catalogued program implementation components evidenced in the studies. Twenty-eight studies met the selection criteria. Implementation components included dosage, adherence, differentiation, quality, and participation. Variables related to dosage and adherence were well described throughout selected studies, while the majority of studies did not report on participation, differentiation, or quality. Recommendations include examining the fidelity of EIBI interventions, a more comprehensive definition of EIBI programs, and enhanced evaluations of implementation in practice. This study is significant because it provides an expansive overview of EIBI interventions through the examination of current research.

**Larry Wexler**


Chou and colleagues considered the differences in self-determination between students with autism spectrum disorders (ASD), students with intellectual disability (ID), and students with learning disabilities (LD). Researchers selected 222 participants, with equal numbers in disability categories. Using a multivariate analysis of covariance (MANCOVA), Chou and colleagues examined four dependent variables: autonomy, self-regulation, psychological empowerment, and self-realization. Students with ASD scored lower in the categories of autonomy and psychological empowerment than students with ID or LD. However, students with ASD did not demonstrate significant variance from students with ID or LD in self-regulation. Implications for educators include, but are not limited to, selection of domain interventions based upon profile distinctions and increasing educational opportunities for students with ASD to develop self-determination skills and participate in inclusive settings. This study should be considered because students with disabilities typically do not demonstrate self-determination practices to the degree of their general education peers. Therefore, engaging in studies that examine such behaviors may lead to increased strategies for self-determination practices among students with disabilities.
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<td>David Mandell</td>
<td>This study determined the effect of early intensive behavioral treatment of young children with autism on health care service use and costs. In the postintervention period, compared with children who had earlier received treatment as usual in community settings, children in the early intervention group used less ABA/EIBI, occupational/physical therapy, and speech therapy services, resulting in significant cost savings in the amount of about $19,000 per year per child. Costs associated with ESDM treatment were fully offset within a few years after the intervention because of reductions in other service use and associated costs.</td>
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<td><em>First study to empirically demonstrate the cost savings associated with high quality early intervention.</em></td>
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<td>This study comprises a randomized trial of a relatively inexpensive intervention to improve outcomes for poor and ethnic minority caregivers of children with autism. The study found that the intervention increased parent knowledge of autism and reduced parent stress, but had no effect on service use, suggesting that interventions like these may be necessary but not sufficient for improving overall parent and child outcomes.</td>
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<td>David Mandell</td>
<td><strong>Medicaid waivers targeting children with autism spectrum disorder reduce the need for parents to stop working.</strong></td>
<td><em>Health Aff (Millwood).</em> 2017 Feb 1;36(2):282-288.</td>
<td>[PMID: 28167717]</td>
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<td>This paper is emblematic of a body of work coming from this group that merges Medicaid claims data with national survey data and uses ecological associations to examine the effects of different state Medicaid policies on child and family outcomes. This particular study examines the effect of the generosity of Medicaid waivers on parents' workforce participation. Prior research has demonstrated that mothers of children with autism are much more likely than parents of other children to drop out of the workforce. The present study finds that parents of children with autism who live in states with more generous Medicaid waivers are more likely to stay in the workforce, suggesting that these state policies have important economic implications beyond the immediate care for which they pay.</td>
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Study compared barriers to autism spectrum disorder (ASD) diagnosis and current ASD-related service use among non-Latino white (NLW) families and Latino families with English proficiency (L-EP) or limited English proficiency (L-LEP). English proficiency was an important marker for barriers to ASD diagnosis and treatment in Latinos. Increasing ASD-related knowledge and provider trust may decrease disparities in the diagnosis and treatment of ASD among US Latinos.

**Brief (3-5 sentences) justification for nomination:** Health inequalities in children with Autism Spectrum Disorder (ASD) have been widely reported in families with low SES and from minority communities. For example, children from minority groups tend to receive a diagnosis of ASD later than White children. Understanding barriers to access to diagnosis and treatment is a paramount goal to provide better services to these communities.

**Scientific insights:** These findings indicated that more than 50% of families tend to experience the following barriers when trying to get an ASD diagnosis, including stress of the diagnostic process, lack of knowledge about ASD, understanding medical system, knowing where to go for help, providers’ views on child’s behaviors, long waits for evaluations, family members’ views on child’s behaviors, lack of comfort of appointment for children, and lack of help with care coordination. Moreover, Latino families who had limited English proficiency (L-LEP) tended to experience more barriers than White families who were English proficient (EP). Children from (L-LEP) families also had fewer ASD therapy hours and more unmet therapy needs than children from EP families. Finally, barriers and treatment services of Latino families who were English proficient (L-EP) were more similar to EP families than L-LEP families.

**Significant impact:** English proficiency appears to be an important factor for barriers to ASD diagnosis and treatment in the Latino communities. Inequalities in ASD diagnosis might be decreased if the identified barriers are addressed to facilitate access to services in these communities.

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<th><strong>Question 6 (Lifespan Issues)</strong></th>
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| **Julie Lounds Taylor** | Bishop-Fitzpatrick L, Smith DaWalt L, Greenberg JS, Mailick MR.  
[PMID: 28244233](https://pubmed.ncbi.nlm.nih.gov/28244233) |
| **Julie Lounds Taylor** | Although the sample is small (60), they found that parent-reported AND self-reported recreational activities buffered the effects of stress on quality of life. Interestingly, it was recreational activities that were important and not social activities. It gives some food for thought about what interventions might be more or less important to improve self-perceived quality of life. |
| **Julie Lounds Taylor** | Ditchman NM, Miller JL, Easton AB.  
*Vocational rehabilitation service patterns: an application of social network analysis to examine* |

Researchers identified individuals with a diagnosis of autism who died between 1999 and 2014 by screening causes of death in the multiple cause-of-death data files in the National Vital Statistics System based on the ICD-10. During the study period, 1367 deaths (1043 males and 324 females) in individuals with autism were recorded in the United States. The mean age at death for individuals with autism was 36.2 years ($SD = 20.9$ years), compared with 72.0 years ($SD = 19.2$ years) for the general population. Of the deaths in individuals with autism, 381 (27.9%) were attributed to injury, with suffocation being the leading cause of injury mortality, followed by asphyxiation ($n = 78$; PMR = 13.50; 95% CI = 10.68, 16.85) and drowning ($n = 74$; PMR = 39.89; 95% CI = 31.34, 50.06). The researchers concluded that individuals with autism appear to be at substantially heightened risk for death from injury.

Limitations of the study noted by the researchers: First, in the absence of population data on autism, we were unable to calculate the death rates and cause-specific standardized mortality ratios. Instead, we relied on proportionate mortality analysis to explore the relative burden of injury mortality in individuals with autism. In proportionate mortality analysis, a cause-specific PMR is influenced by changes in the number of deaths from the specific cause or the number of deaths from all other causes. Consequently, the heightened PMR from injury observed in individuals with autism may not necessarily measure the excess risk of injury mortality in individuals with autism as compared with the general population. Second, our study was limited to death certificate data. The accuracy of data on death certificates filed by medical examiners and coroners varies with the cause of death and the types of disease. Therefore, autism as a contributing cause of death is likely underreported.
| **David Mandell**  
| **Prior studies have shown that children with ASD use emergency medical services more than other children. This study focuses specifically on adolescents, an understudied group. This study estimates that risk as four-fold, and greater for those who are older or live in rural areas. The use of the ED for females with autism is increasing over time. To the extent that ED use represents a failure of the health care system to provide more timely and less restrictive services, this study shows the importance of developing crisis prevention and management services for these groups.** |  
| **David Mandell**  
| **In this administrative database study in one state, use of all services except emergency services decreased with age for youth with ASD. The fact that ED service use does not increase with age suggests that need is still there, but that services are not accessible for this group.** |  
| **Nearly all studies of employment outcomes use data collected at one point in time, and thus cannot speak to issues around maintaining vocational positions once obtained. This study, using detailed longitudinal data collected from a small sample (n = 36), examined the proportion of youth with ASD who experienced instability in vocational/education in the first 2-3 after high school exit, as well as whether behavioral and family factors measured in high school distinguished those who did versus did not experienced instability. Although most youth transitioned into some sort of post-secondary activity, 50% experienced instability in those activities. Maternal and family functioning – and not the characteristics of the youth with ASD – distinguished those who did versus did not experience instability. This study suggests that the factors that predict whether youth with ASD get a job or go to college might be different from the factors that predict maintaining those activities.** |  
| **This study examined social media use, anxiety, and friendship quality in 44 adolescents with ASD and 56 clinical comparison controls. More time on social media and greater social media utility was associated with higher friendship quality as rated by both parents and adolescent with ASD –** |
particularly for those with lower parent-rated anxiety. There were no relationships between friendship quality and social media use for control group adolescents. This study suggests that adolescents with ASD may be a unique subgroup in terms of their capacity to benefit from social media.

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<td><strong>Joshua Gordon</strong></td>
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<td>ASD prevalence and 95% confidence intervals (CIs) were computed from population-based surveillance, census, and survey data. SES categories were defined using area-level education, income, and poverty indicators. ASD was ascertained in 13,396 of 1,308,641 8-year-old children under surveillance. The prevalence of ASD increased with increasing SES during each surveillance year among White, Black, and Hispanic children. The prevalence difference between high- and low-SES groups was relatively constant over time (3.9/1000 [95% CI = 3.3, 4.5] in 2002 and 4.1/1000 [95% CI = 3.6, 4.6] in the period 2006-2010). Significant racial/ethnic differences in ASD prevalence remained after stratification by SES. A positive SES gradient in ASD prevalence according to US surveillance data prevailed between 2002 and 2010, and racial and ethnic disparities in prevalence persisted during this time among low-SES children.</td>
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| **Geraldine Dawson**                         |
| Analyses included 13,507 children born from 1989-1999 (486 with ASD). The study explored relationships between ASD and residential location at both birth and age 6 years (i.e. closer to average diagnosis age). Using the residential address at age 6 produced similar results; however, areas of significantly decreased ASD odds were observed in the Southeast, where children were half as likely to have ASD. These results may indicate that diagnostic factors are driving spatial patterns; however, it is possible that other environmental factors are influencing distributions. |

| **Walter Koroshetz**                         |
| This study evaluated 889 10-year-old children from the Extremely Low Gestational Age Newborn (ELGAN) birth cohort (delivered at 23-27 weeks’ gestation in 2002-2004) to assess prevalence of ASD in extremely pre-term children versus the general population. Children were first screened using the Social Communication Questionnaire, then further evaluated with the |
ADI-R, and final diagnosis was made with the ADOS-2. Prevalence of 7.1% was found, and the analyses revealed an inverse relationship between ASD risk and gestational age. Forty percent of ASD children had intellectual disability, and the male to female ratio was 2.1:1, which is lower than the 4:1 ratio observed in the general population. This study underscores the need for enhanced ASD screening for preterm children, and for further exploration of the relationship between risk factors associated with preterm birth that may play a role in ASD etiology.


The purpose of this study was to derive the first systematically calculated estimate of the relative proportion of boys and girls with autism spectrum disorder (ASD) through a meta-analysis of prevalence studies conducted since the introduction of the DSM-IV and the International Classification of Diseases, Tenth Revision. Of children meeting criteria for ASD, the true male-to-female ratio is not 4:1, as is often assumed; rather, it is closer to 3:1. There appears to be a diagnostic gender bias, meaning that girls who meet criteria for ASD are at disproportionate risk of not receiving a clinical diagnosis.